U13/U15 Girls Michigan Select

This summer, the US Lacrosse Chapter of Michigan will be sponsoring two teams to go to the US Lacrosse Central Championships in Madison, WI. The tournament will be from June 14-16 at Reddan Soccer Park. The tournament will have four games of pool play followed by bracket play to decide the champions. The cost of the tournament will be covered by US Lacrosse. Each player, upon making the team after a tryout, will pay for and keep their jersey for the tournament. The jersey will include shorts, a dry-fit shirt, and a reversible. All lodging and travel expenses will need to be paid for by the players' families**. In order to be eligible for U15, a player must be born on or after September 1, 1997. In order to be eligible for U13, a player must be born on or after September 1, 1999.** In order to ensure quality playing time, the team will consist of 18 players including a goalie. All players who make the team must be able to commit to all practices.

Tryout

DATE: Sunday, May 12, 2013

TIME: 3:00-5:00 (U13), 4:00-7:00 U15

LOCATION: Chippewa Middle School, Okemos

The tryout will consist of physical testing (ex: 40 yd. dash, agility drills, 100 yd. dash, 400 meter), wall ball testing, and evaluation of fundamentals. Small sided drills, team concepts, and a full scrimmage will occur after. Players should know whether they have made the team by **Wednesday, May 15, 2013.**

Practices

DATES: May 19, May 26 (optional), June 2, June 9

TIME: TBD

LOCATION: Chippewa Middle School, Okemos

Practices will focus on creating team chemistry while building our team philosophy. It is essential that players go to all practices to learn defensive and offensive sets to prepare Michigan Select for the tournament.

Staff

Mackenzie Lawler: Current junior midfielder at Division I Robert Morris University. Started in all 34 games in her first two seasons and made it to the NEC Semi-Final game in 2011. Two-time State Champ, US Lacrosse All American in 2010, and four-time All State while at Okemos. Also the head coach of TeamLax Travel Lacrosse.

Jordan Luberto: Current sophomore midfielder at Division 2 Grand Valley State University. In her first year at GV she received Second Team All-Independent honors and All-Freshman Team honors. She started in all 17 games. Two-time State Champ and two-time All-State while at Okemos. Also coaches at TeamLax Travel Lacrosse

Lauren Hooker: Current freshmen midfielder at Division 1 Marquette University. US Lacrosse All-American in 2012 and State Champion in 2012. While at East Grand Rapids, Lauren was a three-time All-State player. Lauren has also joined the TeamLax Travel Lacrosse coaching staff for 2013.

Registration

In order to register, please mail the following medical release and registration to Mackenzie Lawler at 4466 Arbor Drive, Okemos, MI 48864. All players must be registered with US Lacrosse to be eligible for the event.

A $75.00 check made out to Mackenzie Lawler also needs to be mailed to 4466 Arbor Drive, Okemos, MI 48864. The money will be for the uniform and gear. If your daughter does not make the team the checks will be mailed back. If you have any questions please email Mackenzie Lawler at melst15@mail.rmu.edu

Michigan Select Authorization for Medical Treatment

Parent(s)/Guardian(s)

Address City State Zip

Home Phone Work/Cell

Medical/Health Insurance Co. Insurance Policy No.

Emergency contact person(s) Relationship to minor

Allergies/allergic reactions of child

Medications being taken by child

Other information regarding my child's health that a doctor should know

I am the parents or legal guardians of the above named minor child. I understand that, in the event that medical treatment is required, every effort will be made to contact the above named parent/guardian. However, in the event that I cannot be reached, I give permission to provide the medical treatment necessary for my child's well being. I accept full financial responsibility for said medical treatment.

Parent/Guardian Signature Date

Michigan Select Registration

Player Information

Name:_____ DOB:_____ Grade:_____

School:_____ Email:_____ Phone:_____

Parent Information

Parent Names:_____ Phone 1:_____

Phone 2:_____ Email 1:_____

Email 2: _____

Other

Please add any other information that you think is necessary (medical information will be on another sheet)

_____

_____

_____

_____

Practice Days

Please list any conflicts that would prevent your daughter from attending practice-

_____

_____

Gear Sizes

Dri Fit Short Sleeve Shirt:_____Shorts:_____ Reversible/Pinnie: _____

Payment

All checks should be made out to Mackenzie Lawler and mailed to her at 4466 Arbor Drive, Okemos MI 48864.

Coaches Contact

Mackenzie Lawler
(517) 614-6110, melst15@mail.rmu.edu