# 2012 US LACROSSE CONVENTION
# WOMEN'S COACHES SCHEDULE

as of 1.9.2012

**FRIDAY, JANUARY 13, 2012**

| TIME | ROOM | LEVEL | PRESENTER | ORGANIZATION | SESSION TITLE |
|---|---|---|---|---|---|
| **4:00 PM** | **103ABC** | **All** | **Joe Ehrmann** | **COACH FOR AMERICA** | **Coaching For Change: Boys To Men and Girls To Women** |
| | 204A | All | Gregory Dale | Duke University | It's a Mental Thing: 5 Keys to Helping Athletes Enhance Their Performance and Enjoy Lacrosse |
| | Live Field | All | Bonnie Rosen | Temple University | 3 Seconds and Shooting Space So Matter: How To Teach The Rules and At The Same Time Create Smarter and More Effective Players.(w Jennifer Wong & Julianna Jeffers) |
| | Goalie Room | All | Amy Altig | Penn State University | Turning Your Goal Keeper Into An 8th Defender |
| | 204C | III | John Sung | Winthrop University | From Fast Break To Settled Offense: Building Complete Offense |
| | 201AB | II | Carter Abbott | US Lacrosse U19 Team, The Pingry School | Arc Defense: Evaluating Your Team, Evaluating Your Opponent |
| | 201B | II | Scott Biron | Acton Boxborough Regional High School | Developing High School Midfielders, Team Tactics And Drills |
| **5:30 PM** | **103ABC** | **All** | **Kelly Amonte-Hiller** | **Northwestern University** | **Drills For Competitive Success** |
| | 201C | All | Jeremy Boone | Athlete By Design | Coach Your Best |
| | 102AB | PA | Mona Fluitt | Texas Lacrosse Expo | Charitable Contributions from the Donor's View: Deductibility, Substantiation, and Disclosure |
| **7:00 PM** | **BALLROOM** | **ALL** | **General Session** | | **General Welcome Session w/ HERM EDWARDS (Former NFL player/coach, Current ESPN Analyst)** |
| **8:30 PM** | **FIELD HOUSE** | **ALL** | **COACHES SOCIAL** | | **COACHES SOCIAL 8:30 PM -11:30 PM (sponsored by: LACROSSE UNLIMITED)** |

**SATURDAY, JANUARY 14, 2012**

| Time | | Level | | Organization | SESSION TITLE |
|---|---|---|---|---|---|
| **8:00 AM** | Live Field | All | Kelly Berger | UMBC | The Next Level Attacker (w Amy Appelt) |
| | Demo Field | All | Dennis Kennedy | Syracuse City School | Protecting "THE HIVE" |
| | Goalie Room | All | Devon Wills | USC | The Complete Goalkeeper |
| | 202AB | I | Laurie Markle | PLA/ MEthacton | Effective Drills For Middle School Through High School |
| | 204B | I | Mike Faith | Elizabethtown College | Developing Shooters |
| | 204C | All | Sue Diffenderffer | US Lacrosse | Youth Rules Inpretation (with Ruthie Lavelle, Cathy Russo) |
| | 201AB | NCAA | Pat Dillon | US Lacrosse/NCAA | NCAA New Rules and Points of Emphasis (w Kim Basner) |
| | 102AB | All | Reid Jackson | Positive Coaching Alliance | Double Goal Coach I |
| **9:30 AM** | 102AB | PA | Bob Rhein | Eastern Knights Lacrosse | Growth & Retention of Youth Lacrosse - A Fun Family Experience |
| **9:30 AM** | **BALLROOM** | **All** | **Lissa Fickert** | **US Lacrosse** | **USL Rules Interpretation (w Ericka Leslie)** |
| **11:00 AM** | 104AB | All | Recruiting Seminar | | Recruiting Seminar (Kelly Berger (UMBC), Jen Munston (York Coll), Adam Norton (Jacksonville U), Shanta Loecker (UCLA), Krystin Porcella (John Carrolle HS) Chris Meade (moderator) |
| | 109AB | All | Robert Rose | True Athlete Performance | Proper Warm-Up and Dynamic Flexibility for Lacrosse (w Matt Diener) |
| | 203B | I | Robert Berkenblit | Briarcliff Manor Youth Lacrosse | How to Prepare a Youth Lacrosse Player for Playing Goalie |
| | 105AB | I | Katie Rau | Missouri Baptist University | Tips, Tricks, and Drills For the New(er) Coach |
| | 204B | III | Lindsey Munday | USC | Stickwork and Shooting |
| | 108AB | III | Kateri Linville | University of Delaware | Let's Talk Team Defense (w Kristen Carr) |
| | Sports Center | All | Stick Stringing | STX | Stick Stringing Demonstration (sponsored by STX) |
| **12:30 PM** | Live Field | All | Krystin Porcella | US U19 Team/The John Carroll School | US Womens U19 Team Demonstration |
| | Demo Field | All | Chris Nentarz | Kinetic Performance | TRX Suspension Training for Improved Performance/ Achieving Max Results With Min Equipment (w Josh Funk) |
| | Goalie Room | All | Michael Molster | Johns Hopkins Women's Lacrosse | Goalie Technique and Training |
| | 109AB | I | Randy Polito | Hollins University | Small Group Drills |
| | 105AB | II | Frank Rogers | Aquinas College | The Borrowing Game |
| | 107AB | II | Wendy Kridel | Bryn Mawr School | Playing down in the Defensive End |
| | 204B | III | Megan Sanders | Cincinnati Queens Lacrosse Club | How to Start and Maintain a Successful Post-Collegiate Lacrosse Program (w Meredith Post) |
| | 108AB | III | Tara Singleton | Johns Hopkins University | 2 Woman Game (w **Jen Kapser**) |
| | 102AB | PA | Stacie McKay | Greater Houston Chapter of US Lacrosse | Table Management for the Volunteer [Men's Game] |
| **1:30PM** | | | **LUNCH BREAK** | | **LUNCH BREAK (1:30PM -3:00 PM)** |

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| **3:00 PM** | Live Field | All | Amy Appelt | STX | Skills and Drills For Shooters |
| | Demo Field | All | Katrina Dowd | Sryacuse University | Stick Skills/Shooting |
| | Goalie Room | All | Adam Norton | Jacksonville University | Essential Drills & Techniques For A Peak Performing Goalie |
| | 105AB | I | Juliette Friel | CYO/Camp Howard | Developing a First and Second Grade Lacrosse Program |
| | 204C | All | Sue Diffenderffer | US Lacrosse | Youth Rules Inpretation (with Ruthie Lavelle, Cathy Russo) |
| | 204B | II | Dennis Short | Rollins College and RC Elite Lacrosse Club | Drills Designed to Improve Pace and Intensity at Practice |
| | 109AB | II | Jen Muston | York College of PA | Individual and Team Offensive tactics and strategies |
| | 107AB | II | Amber Falcone | Vanderbilt University | Defense - Forcing Weak and Pressuring Behind |
| | 204A | III | Phil Barnes | University of North Carolina | Offensive Transition |
| | 201AB | All | Laura Hebert | US Lacrosse | Leadership On Your Board And On The Field |
| | 102AB | PA | Mona Fluitt | Texas Lacrosse Expo | I've Been Elected To A Board…Now What? |
| **4:30 PM** | **BALLROOM** | **All** | **Janine Tucker** | **Johns Hopkins University** | **Developing a Slick Attacker from Top to Bottom** |
| | 102AB | All | Reid Jackson | Positive Coaching Alliance | Double Goal Coach II |

**SUNDAY, JANUARY 15, 2012**

| Time | | Level | | Organization | SESSION TITLE |
|---|---|---|---|---|---|
| **9:00 AM** | Independ-ence (M) | All | Lisa Christiansen | US Lacrosse | PE Curriculm |
| | Live Field | All | Ricky Fried | US National Team/Georgetown University | U.S Women's National Team Demo: "Man Up/Man Down Inside the 30 |
| | Goalie Room | All | Sean Murphy | Uncaged Lacrosse | Advanced Goaltending Positioning (w Ann Murphy) |
| | 204B | II | Nicole Moore | Stetson University | Players Guiding Each Other- Team Building and Leadership Skills PART II |
| | 203B | III | Wendy Stone | Longwood University | Defense-Beyond the Basics |
| | 102AB | PA | Lisa Schmidt | Utah Lacrosse Association | Developing Boards With Passion and Power |
| **10:15 AM** | **103ABC** | **All** | **Karin Brower Corbett** | **University of Pennsylvania** | **Midfield Trap** |
| | 102AB | All | Reid Jackson | Positive Coaching Alliance | Double Goal Coach I |
| **11:30AM** | 202AB | All | Dominic Sessa | Organic Fitness | Injury Prevention for the Low Back |
| | Goalie Room | I | Dianna Eberl | Owner/Coach of APT | Goal Keeping 101 |
| | 203A | II-III | Shanta Loecker | UCLA Women's Lacrosse, WCLA, WWLL | Opportunities Presented by the WCLA for Coaches, Players, and Administrators (David Pomeroy&Taryn Muchnick) |
| | 108AB | II-III | Mike Tully | TotalGamePlan | Seven Secrets of World-Class Practice |