



Chapter Newsletter

FEBRUARY 2011

2012 U.S. Men's Under-19 National Team Tryouts!

US Lacrosse will be conducting tryouts for the 2012 U.S. Men's Under-19 National Team from July 7-10, 2011 at UMBC.

Applications for high school players are available through their HS Area Chairman and applications for college players are available through their college coaches. For more information about the tryout selection process, [click here](#).



Team Registration Is Open for the 2011 US Lacrosse U15 Regional Championships, presented by Champion

The only U15 national championship recognized by the sport's national governing body, the 2011 US Lacrosse U15 National Championships, presented by Champion will return to ESPN Wide World of Sports Complex in Lake Buena Vista, Fla. in July, but with a new twist. This year's championship will begin with four regional championships - close, competitive national events held at first-rate venues at four exciting locations across the country. Gain national exposure for your lacrosse program and see how your team stacks up against the nation's best U15 teams. The top four finishers in each regional championship earn berths, higher seeds and registration discounts for the national championship.



West Regional Championship

May 13-15 in Phoenix, Ariz., at the Reach 11 Sports Complex

Northeast Regional Championship

May 20-22 in Amherst, Mass., at the University of Massachusetts

Central Regional Championship

June 10-12 in Arlington, Texas, at the Patterson Sports Complex

Southeast Regional Championship

June 17-19 in Raleigh, N.C., at the CASL Soccer Complex

Don't miss the chance to bring a national championship title back to your region and become a part of lacrosse history. Register your team now while

US Lacrosse Scores Big at Champion Challenge

Enticed by gorgeous fields and 70 degree weather, the U.S. Men's and Women's National Senior and the Women's Under-19 Teams converged on ESPN Wide World of Sports in Lake Buena Vista, FL during the last weekend of January for the sixth annual Champion Challenge, a US Lacrosse event. This year's event was the biggest and best in history, bringing in six top college teams, offering clinics for hundreds of local youth players and coaches, and providing an unparalleled opportunity for two lucky teams to meet and greet (and get their pictures taken with) members of the U.S. National Teams. The two featured games – Team USA Men vs. Notre Dame and Team USA Women vs. Maryland – were televised on ESPN. And, replays of these games can still be seen on ESPN3.com. Special thanks to Mary Hopkins, Stacey Williams, and the rest of the Orlando Chapter, as well as the South Florida and Gulf Coast chapters, who helped to make this event such a great success.

US Lacrosse Makes Safety Affordable

US Lacrosse is playing a leading role in ongoing research and is committed to educating the

spots are available.

Register for: [US Lacrosse U15 Regional Championships](#)

Play, Learn and Laugh at US Lacrosse Regional Lax Fests

Give your players a once-in-a-lifetime lacrosse experience both on and off the field at one of the 2011 US Lacrosse Fests, which will run during the same dates and at the same locations as the four U15 Regional Championships. These Lax Fests feature U11, U13 and U15 divisions. No team standings are kept, no championships on the line – the US Lacrosse Regional Lax Fests are all about sportsmanship, bringing teams from different areas of together to compete while honoring the This is a great opportunity to get your time they need to improve while having fun and meeting new players from around the country! In addition to games, each Lax Fest will have social activities for the players to bond off the field, as well. Register your team for an “all-inclusive” lacrosse festival they’ll never forget!



Regional Lax camaraderie and the country spirit of the game. teams the playing

Register for: [US Lacrosse Regional Lax Fest](#)

2011 Lacrosse Sports Medicine Conference Set for Next Month

US Lacrosse has partnered with MedStar Sports Health and Union Memorial Sports Medicine to host the first-ever [Lacrosse Sports Medicine Conference](#) on March 11, 2011 at the Sheraton Inner Harbor Hotel in Baltimore. Registration is open to the medical community and lacrosse coaches, athletic trainers, administrators and parents. The conference will provide a comprehensive look at lacrosse-specific sports medicine and features interactive lectures and panel discussions with members of [our Sports Science & Safety Committee](#) and nationally recognized experts in orthopedics and sports medicine.

In addition to admittance to the conference, registration will include a ticket to attend the [2011 Face-Off Classic](#) at M&T Bank Stadium on Saturday, March 12 and a donation back to the attendee's professional organization.

[Registration](#) | [Lodging & Travel](#) | [Schedule](#) | [Brochure](#)

Parent Handbook Available

As a leader of the US Lacrosse Chapter in your area, you know how important it is for the parents to see the exhilaration and smiles of their children as they play lacrosse. It is even more important for the parents to know that when it says US Lacrosse, they understand that their child is playing in a program that provides a safe, fun, informative and well coached environment. Parents need

national lacrosse community about the life-saving value of having Automatic External Defibrillators (AEDs) available during lacrosse games and practices. In order to achieve that goal, US Lacrosse and Cardiac Science, a leading manufacturer of cardiology products, are offering an AED matching grant program which provides an AED and comprehensive management of AED and CPR training to lacrosse leagues or US Lacrosse chapters.

To learn more about the USL Lacrosse AED Grant Program, [click here](#).

Up to 30% off ALL Instructional DVDs

To help you prepare for the



upcoming season. US Lacrosse and the US Lacrosse store are offering up to 30% off on all instructional DVDs in addition to the 10% you already receive off for being a member. Offer extended to March 31, 2011. Hurry while supplies last! Just visit www.uslacrosse.org/store to browse the selection!

Event Calendar

[2011 Lacrosse Sports Medicine Conference](#)

March 11, 2011
Baltimore, Md.

[2011 US Lacrosse Lax Fests & U15 Regional Qualifiers](#)

May 13-15, 2011: Phoenix, Ariz.
May 20-22, 2011: Amherst, Mass.
June 10-12, 2011: Arlington, Texas
June 17-19, 2011: Raleigh,

to understand that as a non-profit organization, we invest membership fees in a range of programs designed to maintain the sport's safety and fun. Part of our job here at US Lacrosse is to understand what information parents are looking for to make their experience better as they support their children. Through membership research, we heard loud and clear that better understanding the rules of lacrosse and officials hand signals was a big need. So we have developed a handbook specifically for parents that provides guiding principles for the game, a game overview, a diagram of the field and required equipment, and finally an overview of the minor and major fouls along with their hand signals. While this Parent Handbook will be shipped to every parent/player in your area as their membership renews, along with a new bag tag membership card, take a look at it now by clicking on the following:

[**Youth Boys' Handbook \(PDF\)**](#)

[**Youth Girls' Handbook \(PDF\)**](#)

In addition, US Lacrosse has developed a video that gives parents more information about the programs that US Lacrosse delivers to make sure that their child is playing in an environment with the highest commitment to safety, fun and professionalism!! Please send this video to the membership in your Chapter area to help spread the news about how US Lacrosse helps raise the game of lacrosse!

<http://www.uslacrosse.org/TopNav2Left/Parents/MembershipBenefitVideo.aspx>

N.C.

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