LACROSSE PRE-GAME (2 or 3 Man)

I. CREW PREPARATION & GAME LOGISTICS

A. POSITION ASSIGNMENTS *(Starting Positions, Rotation)*
B. OFFICIALS ASSIGNMENTS - *(Captains, Stick/Equipment Checks, Ball Boys)*
C. COACH'S MEETING
- CERTIFICATION - *Captains, In-Home, Crew Card*
- REFEREES INSTRUCTIONS *(Coaching area during timeouts, Bench decorum)*
- NEW RULES & INTERPRETATIONS

D. PRE-GAME INSTRUCTIONS – All OFFICIALS CHECK FIELD, WATCH PLAYERS
- UNIFORMS
- GOALS

E. COIN TOSS *(Determine Alternate Possession, Review Player Decorum & Mouthpieces)*
F. TIMEOUTS *(Officials Positioning, Timer)*
G. HALFTIME *(Clear Field, Start Clock,)*
H. OVERTIME – One Timeout per OT Period, Coin Toss for Direction Only *(AP stays same)*
I. POSTGAME *(Approve Score, Watch first cross by teams, Walk Off As Crew)*

II. POINTS OF EMPHISIS

A. FACE-OFF
- Unsportsmanlike Conduct
- One Hand on stick

B. HIGH HITS
C. PACE of GAME
  A. Stalling vs. Zone
D. UNCONTROLLED CHECKS

II. MECHANICS

A. ALWAYS COUNT PLAYERS & CHECK THE CLOCK
B. HAND SIGNALS
- BOUNDARIES *(Two Arms Up if sideline out of bounds)*
- RESTARTS *(Arm Up, Wind Clock)*
- FACEOFF (*No more point – no set call, Pump clock*)
- IN GOAL AREA *(No arm up any longer, HOLD POINT make sure partner stops count)*
- FOULS *(Move to Open Area, Relay to Trail)*
- ALTERNATE POSSESSION *(Signal Face-off & Point Direction)*
- WHISTLES *(Mechanic if there is a multiple whistle,* "Staccato" *to take away a call)*

B. SUBSTITUTIONS *(Box official has timer & player counts, player on field has right of way)*
C. BOX COVERAGE *(Lead's responsibility if ball is Behind Defensive Clearing Line, otherwise Trail Has Box)*
D. RESTARTS *(Relay Ready Signal Through Center, Wait Until Goalie is Ready)*
- PLAYER ON OR BEHIND PROPER POSITION *(Player and Goalie Are Ready — Restart Immediately)*
- PLAYER NOT IN PROPER POSITION *(Reposition Only if Improper Position Gains Advantage)*

E. FACEOFFS *(Trail pumps & has timer after goal, Trail restarts after violation*)
- STAY AND OFFICIATE AS NEEDED
- STAND WHERE NEEDED – *Wings officials help with* "HOT" *side hands*
- CREW CONSISTENCY- *Player instructions, Quick whistle*
- MAN-DOWN FACEOFF – *Point out on-side man as reminder*

J. COUNTS
- Goalie
- 30 Seconds – *goal coverage, trail still counts*
- *GET IT IN KEEP IT IN - 10*

Counts - Continued
- *Face Offs -*

E. STICK CHECKS
- *WHEN?*
- *COACH REQUEST IS FULL EQUIPMENT CHECK*
- *USC FOR ADJUSTING HEAD OR POCKET AFTER REQUEST FOR STICK*

IV. SPECIAL SITUATIONS – NCAA vs NFHS Rules

A. FOULS *(Simultaneous vs. Multiple, Live Ball or Dead Ball, Releasable)*
- FLAG DOWN

B. PLAY-ON *(Do Not Disadvantage Offended Team, Stop Play Quickly, No Subsequent Fouls)*
- Midfield, Wing lines, Sidelines & End lines
- GOALIE INTERFERENCE - *VERBAL CALL*

C. POSITION — UNSETTLED SITUATIONS
- LOOSE BALLS BETWEEN THE RESTRAINING LINES
- MAN DOWN CLEAR/PRESSURE RIDE

D. STALLING – (NO TRAPS)
E. FINAL TWO MINUTES *(Shot or Deflection Out Of Box, Use Of Play-On Technique)*
F. FIGHTING *(Trail Freezes Both Benches, Lead & Center Control Fight,)*
G. CREASE COVERAGE *(2 Man vs 3Man)*
H. COUNTS
I. RESTARTS – NCAA vs NFHS
- Offside
- FACEOFF VIOLATIONS
- "QUICK RESTART RULES"

V. COVERAGE

A. LEAD (2 or 3 Man)
- TRANSITION *(Must Beat Bail Downfield)*
- POSITION *(Goal Line Extended*)
- COVERAGE *(Bench Side Offensive Area to Restraining Line)*
- BOUNDARIES
- RESTARTS
- COUNTS
- GOALS
- SUBSTITUTION AREA COVERAGE

B. CENTER – (3 Man)
- TRANSITION *(Responsible For Late Hits, Cover* Goal *Line On Face off)*
- POSITION *(5-10 Yards Above Crease, Cover Goal Line For Lead)*
- COVERAGE (*Far Side, Transition Off-Sides)*
- BOUNDARIES *(Far Sideline)*
- RESTARTS *(Far Sideline Above Defensive Clearing Line)*
- COUNTS *(Far Side Alley, First 10 Across until Trail is out of Box areas)*
- GOALS *(Find Shooter, Keep Players In Vision, Responsible for USC)*

C. TRAIL – (2 or 3 Man)
- TRANSITION *(Primary is far goal line, Late Hits on Shooters)*
- POSITION *(5 Yards Above Box)*
- COVERAGE (*Off-Sides & Substitutions, Late hits)*
- BOUNDARIES
- RESTARTS
- COUNTS
- GOALS *(Responsible for Late Hits)*
  SUBSTITUTION AREA COVERAGE

Officials Checklist

Crew Cards • Timer • Hat • Flags (2) • Coin

Whistles (2) • Scorecards • Pencil •Tape Measure•