USL Chapters Newsletter: *October 2010*

US Lacrosse 2010 Participation Survey - Due by December 31
At this time, each chapter should have received an email from Colleen Aungst, Public Relations Manager, regarding the 2010 US Lacrosse Participation Survey. You should have also received a call from Lindsay Comodore, Chapters Associate, to follow up.

DOWNLOAD THE PARTICIPATION SURVEY TEMPLATE (XLS)

Please begin compiling this data, as it may take some time to complete. Each chapter is required to submit the survey to Lindsay Comodore **by December 31, 2010**. If you have any questions, please contact Lindsay. Review the Chapter Operations Manual online.

New Resources for Chapters!
US Lacrosse has created two resources for chapters/leagues to utilize. The first is a "Program and Service Menu" that will assist chapters in selecting events to host throughout the year. The most important attribute to the menu is that the prices are included, so each chapter can plan accordingly and project an accurate budget for the following year. Funding is provided by US Lacrosse for the purposes of hosting these programs through the Chapter Investment Program.

The second resource is a PowerPoint describing the features of US Lacrosse "tech gadgets." It will be extremely valuable when answering the questions of others, but will also enhance your own understanding of the products. Mark Kamyszek (mkamyszek@uslacrosse.org) has worked hard to get these products up and running, so please provide him with any feedback/suggestions you may have while utilizing these tools.

Both of these documents can be located at www.uslchaptersnetwork.wordpress.com.

USL News & Resources

A Positive Lacrosse Experience
US Lacrosse and the Positive Coaching Alliance (PCA) have partnered in a nationwide endeavor to make lacrosse a positive, character building experience for every athlete. The US Lacrosse Sportsmanship Grant, in conjunction with the PCA, is designed to help organizations educate their coaches, officials, athletes and fans on honoring the game. US Lacrosse will subsidize 70% of the cost of a one-year partnership with PCA or one time PCA workshop. Learn more and apply.

Application Timeline
Nov. 1, 2010 • Postmark deadline for submitting completed application
Nov. 2010 • Notification letters sent to all grant applicants
March 15, 2011 • All PCA grant programs/online workshops must take place by this date

Compete with Class - Honor the Game
Calling all chapters! If you would like to endorse and support the 2011 Men's Game "Compete with Class - Honor the Game" campaign, please email honorthegame@uslacrosse.org. New initiatives, information and ways to promote safe play and good sportsmanship are being developed for 2011 and we want you on board. Utah, Kentucky, Hampton

USL Chosen to Promote NFL and CDC Poster Concerning Concussions

US Lacrosse is one of 14 national governing bodies selected to provide access to the poster made by the National Football League (NFL) Head, Neck and Spine Medical Committee, the Center for Disease Control (CDC) and the NFL Players Association that will educate young athletes on the importance of recognizing a concussion, taking time to recover and not returning to play too soon.

"We appreciate the opportunity to work with the CDC on this important initiative," said US Lacrosse President and CEO Steve Stenersen. "With the support of our Sports Science & Safety Committee, US Lacrosse is committed to raising awareness of the serious nature of concussion injury, as well as the importance of recognizing and properly caring for the injury when it occurs."

The poster as well as free online concussion training from the CDC is available on the US Lacrosse website. The poster poses the question, "What Should I Do if I Think I Have a Concussion?" and specifies three important steps: Don't Hide It, Report It; Get Checked Out; Take Care of Your Brain. Learn more about head injuries and the US Lacrosse Sports Science and Safety Committee's efforts in research and education here.

Arizona Chapter Honored with September Chapter Recognition Program Award

The Arizona Chapter of US Lacrosse is led by President Marie Baca with help from 11 other board members. Their chapter is the only chapter residing in the "Southwest Region." Their mission is to offer a non-partisan resource for the support and growth of lacrosse in the Southwest Region of the United States.

Roads, Arizona, South Florida, Illinois, Georgia, North Texas, Richmond, Idaho, Western MD and Houston chapters all joined the movement...will you? Learn more about the campaign.

USL Makes Safety Affordable

US Lacrosse and Cardiac Science, a leading manufacturer of cardiology products, are offering an AED matching grant program which provides an AED and comprehensive management of AED and CPR training to lacrosse leagues or US Lacrosse chapters. Learn more and apply.

Application Timeline

Nov. 1, 2010 - Postmark deadline for submitting completed applications.
December 2010 - Notification letters sent to all applicants.
January 15, 2011 - All AED training workshops must be conducted by this date.

Calif. Lacrosse Convention

The California Lacrosse Convention, hosted by the Los Angeles, San Diego and Orange County Chapters (sponsored by the LA84 Foundation) will be held on Saturday, November 13th and Sunday, November 14th at California State University, Fullerton. Register online.

Event Calendar

2010 National Hall of Fame Induction Ceremony
October 30, 2010
Hunt Valley, Md.

2011 US Lacrosse National Convention Presented by Champion
January 21-23, 2011
Baltimore, Md.

Read more about the Arizona chapter and its efforts to grow the game here.

Stick Together and Save Money!

Officials are the glue that hold our game together. We value your commitment to the sport and to the growth of the game. Please join us at the 2011 US Lacrosse National Convention, Jan. 21-23, in Baltimore. Sign up with nine or more of your friends and get $10 off everyone's registration fee!

What you can look forward to this year:

- 2011 Rules interpretation sessions, points of emphasis
- Legal issues in officiating outlined
- Keys to calling personal and technical fouls
- Tips for keeping the game moving smoothly
- Effective communications, sportsmanship and professionalism
- How to be prepared for special situations
- Small changes that make a BIG difference: tips to becoming a better official
- Sport Science and Safety sessions – CPR training, concussion awareness and more
- Revisit fundamentals and work on advanced techniques
- Vendor Village – see the hottest gear, clothing and services on the market
- Networking socials – meet up with coaches, officials and lacrosse enthusiasts from across the country

*Must be current US Lacrosse members. Groups of 10 or more may be a mix of any member types (e.g. coaches, officials, program administrators).

Fill out the roster online. Designated group contact will be invoiced for total discounted rate. Sorry, no refunds. See you in January!

USL Links

Lacrosse Magazine
USL on YouTube
Follow us on Twitter
Follow us on Facebook

USL Store Spotlight

Fall is here and winter is right around the corner. Don't be left out in the cold!

Champion Men's Softshell Jacket
$40.49 for USL members ($44.99)

Champion Women's Softshell Jacket
$40.49 for USL members ($44.99)