US Lacrosse Chapters Newsletter

March 2010

2010 Chapter Compliance

We encourage you to start gathering your 2009 Financial Reports. Please email Lindsay Comodore for a template to submit the report. **Both** the 2009 Financial Report along with the IRS filing confirmation are due to US Lacrosse by **May 31.** Please submit it to Lindsay Comodore at your earliest convenience. Chapters may submit their financials via QuickBooks, bank statements, the provided template from US Lacrosse, etc. In addition, please mark your 2010 calendars for the following dates:

Feb. 15	2009 Financial Report (if completed)
May 31	Final deadline for 2009 Financial Report, IRS Filing Confirmation
Sept. 30	New Annual Board Report Chapter Agreement Conflict of Interest forms (for any new executive board members within the last 12 months)
Dec. 31	2010 Participation Survey

In adopting the new chapter board structure, please allocate the responsibilities of completing the above documents to board members as you see fit. Review the Chapter Operations Manual.

Camp Scholarship Program

While lacrosse is just getting underway for the spring season, US Lacrosse is gearing up for the summer with our Camp Scholarship Program, and we need your help! Please use the attached flyer as a tool to advertise this great opportunity in your chapter area. Include the info in your chapter newsletter and share this opportunity to schools, community organizations, YMCAs, and parks and recreation departments to reach a greater number of kids. Solicit the help of local coaches and administrators to help identify potential campers.

In the past years, we have had more scholarships donated than we were able to fill. With your help, we hope to change that this year! A

News & Resources

Last Chance for Free Online Level 1 Training

The deadline for program administrators in your chapter to apply for free online course access for their coaches is March 31, 11:59 p.m. Please spread the word to the programs in your area so they don't miss this great opportunity. Act now and take the Pledge. Contact Mark Kamyszek for more information.

Free Rules Testing

Encourage the officials' association in your chapter to take advantage of free rules testing for Federation and NCAA rules, plus 2-man and 3-man mechanics. This is a great way to prep for the season and refresh their rules knowledge. Check out the tests.

"AED Safety in Lacrosse" Webinar

Join US Lacrosse and Cardiac Science for a free webinar on Wednesday, March 24 from 8 to 9 p.m. on sudden cardiac arrest, AEDs and how to best deploy these life-saving devices in your lacrosse communities. Space is limited. Reserve your webinar seat.

Shop LaxWorld, Support USL

complete list of donating camps as well as the application are both available online. Please refer any questions to Sarah Newman. Thank you in advance for your help!

ESPN Rise Games to Host US Lacrosse Events

The ESPN Rise Games are a weeklong, multi-sport event that is the culmination of ESPN's 20-year history of covering high school sports. ESPN RISE also represents ESPN's commitment to engage and elevate high school athletes by providing them with recognition, resources, information and inspiration that can motivate them to improve their skills and achieve their goals to be the best athletes they can be. US Lacrosse and the RISE games will give amateur athletes from across the country a way to RISE to the next level of competition.

In addition to the US Lacrosse Men's High School Showcase and the inaugural 2010 US Lacrosse Women's High School Showcase, the US Lacrosse U15 National Championship (boys and girls) will be a part of the ESPN RISE Games. Limited team slots are still available for this event - register your team today.

2011 U.S. Women's U19 Team Tryouts

The first round of the tryouts for the 2011 U.S. U19 women's team will be held in conjunction with your local sub regional tryouts for the 2010 USL Women's Division National Tournament. Eligible athletes must register to tryout for 2010 USL WDNT Sub Regional Team in order to stand for selection. Waivers are available for special circumstances. Learn more about procedures, eligibility requirements and waivers. Questions about the U19 tryouts should be directed to Stacie Wentz, and any questions about sub regional tryouts may be emailed to Liz Piper.

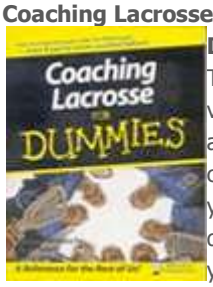
Five More Chapters Support Safety and Sportsmanship Awareness Campaign

The Men's Division is happy to announce that five MORE US Lacrosse chapters have offered their support to the Men's Division Safety and Sportsmanship Awareness Campaign. Thank you to:

1. Illinois Chapter - Angelo Cavello
2. Georgia Chapter - Veronica Hewgley

For all your lacrosse gear, shop LaxWorld and earn US Lacrosse money to continue in its quest to offer people everywhere the chance to discover, learn, participate and enjoy the shared passion of the lacrosse experience. Start shopping today!

USL Store Item of the Month



Coaching Lacrosse for Dummies - Thinking about volunteering as a lacrosse coach? Even if you've never done it before, you can lead your team to a safe and exciting season. Coaching Lacrosse For Dummies shows you the fun and easy way to get the score on coaching youth lacrosse with loads of tips and plenty of offensive and defensive drills. Check it out.

Special Offer from Warrior & Brine

Receive a $25 cash card for spending $100 on Warrior and Brine lax gear. Print out this flyer.

Event Calendar

May 5-8: 2010 WDIA Championship - Scottsdale, Ariz.
May 29-30: 2010 Women's Division National Tournament - Bel Air, Md.
June 11-13: U-13 National Youth Festival - Warren County, Ohio
June 18-20: U-15 National Youth

3. North Texas Chapter - Tom Fitzsimmons
4. Richmond Chapter - Alice Dixon
5. Western Maryland Chapter - Kim Lenta

Throughout the lacrosse season, US Lacrosse and the Men's Division will help educate and inform chapters across the country the importance of safety and sportsmanship in the fastest game on two feet. Want to join the team? We encourage all chapters and presidents to support this campaign. Express your interest by emailing Stephen Berger directly.

Support Your Local Team USA Players!

Each and every 2010 U.S. men's national team player and staff member got their start in lacrosse through their local US Lacrosse chapter. We hope that each US Lacrosse chapter takes the time to honor these great athletes as they represent the sport and country on the international level. To donate to Team USA, make a gift in honor of your local players on the men's national team general fund page. For more information or if you have any questions about Team USA, please contact Sarah Frederick.

NEW: Follow the U.S. men's team's march to Manchester on Facebook! Become a fan.

Tax Filing Notification from US Lacrosse

Please read the following important statement regarding the way you will file your 2009 tax return: When you file your chapter's tax return for 2009 and subsequent years, the first name in the name block must be the name of the parent organization, aka: US Lacrosse, Inc. The second line is the name of the subordinate filing, aka: the chapter. In speaking with the IRS, we know previously filed returns do not have to be corrected. However, this is the standard naming format you should use going forward. Please also make sure that you use the tax ID of the subordinate aka: the chapter, and not that of the parent, aka: US Lacrosse, Inc. (even though the parent's name is on the tax return). Read about more "tax tips."

If you have any questions regarding this information please contact Erin Sturgis directly or 410-235-6882 x132. We appreciate your cooperation and diligence with all IRS matters.

US Lacrosse - 113 W. University Parkway - Baltimore, MD 21210

Festival - Golden Goal Park, N.Y.
July 8: MLL All Stars vs. U.S. Men's Team - Boston, Mass.
July 14-24: FIL World Championships - Manchester, England
July 17-22: U-15 National Championships at the ESPN RISE Games - Orlando, Fla.
July 17-22: Champion High School Showcase (Men's and Women's) - Orlando, Fla.

USL Links

Lacrosse Magazine
USL on YouTube
Follow us on Twitter
Follow us on Facebook