US Lacrosse Chapter Newsletter - December 2009

The 2009 Chapter Compliance Deadline Is Coming Soon!

Don't forget to fill out the 2009 Participation Survey**!** The **deadline** for submitting this document is **December 31st, 2009**. Learn more here. Should you have any questions about submitting this document, please contact Lindsay Comodore at lcomodore@uslacrosse.org.

The Chapter Operations Manual is also available online here.

U.S. Women's National Team Clinic Host Chapter Areas

US Lacrosse and the U.S. Women's National Team will offer 14 clinics in 11 states this winter, providing the unique opportunity for youth and high school girls' lacrosse players to learn from the best in the U.S. Find a clinic near you.

Sue Stahl Women's National Team Clinic Youth Player Scholarship Now Available

This year, US Lacrosse and the 1989 U.S. Women's National Lacrosse Team will offer the newly created Sue Stahl Women's National Team Clinic Youth Player Scholarship, which will award ten scholarships to young female lacrosse players (18 or under) demonstrating financial need. The scholarship fund was started through a gift made by the 1989 U.S. Women's World Cup Team, in recognition of head coach Sue Stahl's twenty years of service to the U.S. Team. Apply.

10 US Lacrosse Men's Division Safety & Sportsmanship Awareness Campaign

S Lacrosse's Men's Division is pleased to announce that safety and sportsmanship will be primary areas of focus in e goal of this multi-faceted campaign is to emphasize our shared responsibility to keep the games safe and fair and to age all lacrosse players, coaches, officials and spectators to "COMPETE WITH CLASS and HONOR THE GAME."

Campaign goals include:

Leveraging USL relevance and influence in enhancing and developing the proper culture and spirit of lacrosse
asizing the responsibility all participants have to be aware of the importance of following the safest set of rules while playing, coaching and officiating

- *Promoting the highest standards of sportsmanship to all participants*
- *Providing consistent safety and sportsmanship messaging to all constituents*

more exciting information at the US Lacrosse National Convention presented by Champion and on the Men's Division homepage.

The Champion® Speaker Series at National Convention

US Lacrosse and Champion® Athleticwear are proud to present the Champion® Speaker Series at the 2010 US Lacrosse National Convention. This highlighted series of presenters showcases an array of educational and motivational topics focused on both the men's and women's games and directly align with prioritized areas of US Lacrosse strategic organizational focus. This year's Champion® Speaker Series is comprised of:

FRIDAY, JANUARY 15

10:00 am – 11:00 am: Marti Fessenden - Understanding Your Liability on the Field (Umpires)

11:30 am – 12:30 pm: Alan Goldberger - Legal Issues in Lacrosse Officiating (Referees)

– 3:15 pm: Rena Whitehouse/Melissa Falen - Professionalism and Sportsmanship Between Umpires and Coaches in Today's College Game (Umpires/W Coaches)

3:30 pm – 4:30 pm: Jon Gordon – Building A Winning Team (All Coaches)

m – 6:00 pm: Margot Putukain leading a Panel – "Rack Your Brain" - Your Responsibilities Regarding Concussion Awareness and Management (All Coaches)

m – 8:30 pm: Lou Holtz – Overcoming Impossible Challenges by Goal Setting (Keynote Presentation) (All Coaches)

SATURDAY, JANUARY 16

8:00 am – 9:00 am: Marti Fessenden - Understanding Your Liability on the Field (Umpires)

10:30 pm – 11:30 pm: Brian Busconi – ACL Prevention (All Coaches)

12:00 pm – 1:00 pm: Jamie Clarke – Live Out There – Expedition Champion (All Coaches)

:30 pm – 3:30 pm: Joe Ehrmann – Coaching With Purpose: The Why's Behind The X's and O's (All Coaches)

5:30 pm – 6:30 pm: Reid Jackson – Leading Your Organization (All Coaches)

7:00 pm – 8:00 pm: Buzz Lynn/Steve Colfer - Improving Coach and Official Relations (Referees)

erican Heart Association's CPR Training will also be offered during convention. Purchase your ticket with convention on. View a complete session schedule, and if you haven't already done so, REGISTER! Online registration closes Jan. 8.

Don't Miss the Youth Awards Breakfast

you like to be served a delicious breakfast for only $15 while supporting your peers who are being awarded National tion for their service in the youth game? If so, please sign up for the Awards Breakfast taking place on Saturday morning of the 2010 US Lacrosse National Convention. Purchase your ticket.

Convention Web Banner

urage you to use **this web banner** (on right) on your chapter websites to spread the word about Convention. Please contact ian@uslacrosse.org or mrhoads@uslacrosse.org if you would like a d have trouble copying it from this newsletter. Make sure your banner hyperlinks to the Convention registration page!

US Lacrosse Women's Rule Changes Announced for 2010

Rules changes and clarifications were passed at the US Lacrosse WDBOG's September 2009 meeting for the women's game. Read a brief overview of some of the updates, including editorial and wording changes in the US

Lacrosse Rule Book.

Team USA to Compete at 2010 Champion® Challenge

The U.S. Men's and Women's National Teams will participate in the 2010 Champion Challenge, a US Lacrosse event, at Disney's Wide World of Sports in Lake Buena Vista, Fla. Jan. 30-31. The U.S. Men's team will play Army and Duke, while the U.S. Women's teams will play Notre Dame, Florida, and Duke. The teams will also host clinics for youth in grades 3-12.

US Lacrosse will work in conjunction with the Gulf Coast, Orlando and South Florida chapters in order to recruit volunteers for this event. If you would like to volunteer, please contact Lindsay Comodore.

Congratulations to our 2010 BRIDGE and Emerging Groups Affiliates!

US Lacrosse is proud to present the 2010 chosen affiliates for its Emerging Groups and BRIDGE Programs!

BRIDGE:

L.E.A.P.S., Philadelphia, PA

Emerging Groups:

New Horizons Lacrosse Fund	Austin, TX
Newark Youth Lacrosse	Newark, NY
PPPLAX	Winston-Salem, NC
Pioneer Valley Girl's Lacrosse Club	Springfield, MA
Bridgeport Youth Lacrosse, Inc.	Bridgeport, CT

With growing support from US Lacrosse, these groups teach the game of lacrosse to bring positive influence, an appreciation of personal values and life-skill lessons to youth in communities not previously exposed to the sport. If you are interested in reaching out to a group in your area, contact information can be found through the above web pages. Congratulations to our 20 affiliated groups nationwide who continue to work very hard in supporting these individuals!

Free US Lacrosse Coaching Education Program Online Courses Available

osse Member Program administrators who pledge to require training for their coaches for the 2010 season will free unlimited Level 1 online courses for all of their coaches now through April 2010. You are the best way to he word to the lacrosse programs in your area, so please share this message with the leagues and programs in your chapter! Learn more here or contact Mark Kamyszek for details.

Create Your Own USL Website to Better Manage Your League!

US Lacrosse has unveiled a new benefit for its members: USLaxTeams.com, an exclusive lacrosse league management system developed by US Lacrosse in conjunction with LeagueAthletics.com that gives program administrators and coaches a suite of online tools to better manage and communicate with their organization and teams. Read more about how this tool can help you and your program!

2010 US Lacrosse Sportsmanship Grant Recipients

US Lacrosse, in conjunction with the Positive Coaching Alliance (PCA), will provide its 2010 Sportsmanship Grants to 21 organizations, the most in the program's history. The grant package includes three workshops: "Double Goal

Coach: Coaching for Winning and Life Lessons," "Leading your Organization: Developing a Positive Coaching Culture" and "The Second Goal Parent: Developing Winners in Life Through Sports." Through this grant, US Lacrosse will subsidize a significant portion of the cost of a one-year partnership with PCA, or a one-time PCA workshop for qualified chapters and youth lacrosse organization. Learn more about the Sportsmanship Grant.

PCA Grant Winners:
Potomac Chapter of US Lacrosse (Va.)
Milwaukee Area Youth Lacrosse Association (Wis.)
LA Lacrosse League (Calif.)
York County Lacrosse Association (Pa.)
Northern California Junior Lacrosse Association (Calif.)
Connecticut Lacrosse Foundation (Conn.)
Greater Houston Chapter (Texas)
Northern Virginia Youth Lacrosse League (Va.)
Greenwich Youth Lacrosse (Conn.)
BRIDGE Lacrosse Dallas, Inc. (Texas)
Novato Lacrosse Club (Calif.)
Greater Birmingham Youth Lacrosse Association (Ala.)
North Coast Ohio Chapter (Ohio)
Florida Gulf Coast Chapter-Tampa Area Lacrosse (Fla.)
Colorado Girls Lacrosse Association (Colo.)
Hampton Roads Chapter, US Lacrosse (Va.)
Idaho Lacrosse Association (Idaho)
Mercer Island Lacrosse Club "MILC" (Wash.)
San Ramon Raptor Lacrosse Club (Calif.)
Somers Lacrosse Association (Conn.)
Lacrosse Education Attitude Perseverance and Success (L.E.A.P.S.) (Pa.)

Tax Filing Notification from US Lacrosse

Please read the following important statement regarding the way you will file your 2009 tax return: When you file your chapter's tax return for 2009 and subsequent years, the first name in the name block must be the name of the parent organization, aka: US Lacrosse, Inc. The second line is the name of the subordinate filing, aka: the chapter. In speaking with the IRS, we know previously filed returns do not have to be corrected. However, this is the standard naming format you should use going forward. Please also make sure that you use the tax ID of the subordinate aka: the chapter, and not that of the parent, aka: US Lacrosse, Inc. (even though the parent's name is on the tax return). Read about more "tax tips."

If you have any questions regarding this information please contact Erin Sturgis directly at esturgis@uslacrosse.org or 410-235-6882 x132. We appreciate your cooperation and diligence with all IRS matters.

US Lacrosse Store - Item of the Month

The Coaches Guide to Team Building
With Greg Dale, Ph.D., Duke University Mental Training Coach

In the initial volume of Coach's Guide to Team Building, Greg Dale shares the framework and the necessary building blocks for successful team building. In Coach's Guide to Team Building, Volume II, Dale takes the next logical step by sharing several team building activities and showing how to implement team building activities into your program. Check it out!