US Lacrosse - Potomac Chapter

Annual Coaches Clinic / Season Kickoff
Marymount University / February 26, 2012

US Lacrosse – Potomac Chapter
Events for 2011-2012

2011

CEP Clinics Level I (2) and Level II
JMU Girls Clinic (Episcopal)
Potomac Chapter Coaches Clinic and Season Kickoff (Marymount)
Potomac Hall of Fame (Oct. 22)
Potomac Chapter Golf Outing (Sept. 19)
USA Women's Team Clinic (Dec.3)

US Lacrosse – Potomac Chapter
Events for 2011-2012

2012

USL National Convention (Phila. , Jan. 13-15)
JMU Girls Clinic (Jan. 22) (Episcopal School)
Potomac Chapter / USL Youth Commissioners
Meeting (Jan. 22, Georgetown Univ)
Loudoun CEP Level I (Jan. 29) (Leesburg, VA.)
SSSA CEP Level I (Feb. 12) (Alexandria, VA.)
SSSA CEP Level II (Feb. 19) (Alexandria, VA.)
Potomac Chapter Coaches Clinic & Season Kickoff
(Feb. 26, Marymount University)
Potomac Chapter Youth Coach Mentor Program
Cherry Blossom Lacrosse Festival (Apr. 14-15)
canceled because of Mall Renovations
Finish Hard Games (Girls, Apr. 14, Bullis School)
Finish Hard Games (Boys, Apr. 15, canceled – no fields)
Potomac Chapter Golf Outing (Sept. 24, U of M)
Potomac Chapter H of F (skip Winter 2012, hold
Jan. 26, 2013)

US Lacrosse
Coaches Education Program (CEP) Offerings

- On-line Level I Course (free to USL Member)
- CEP Level I Clinics (held locally, cost subsidized by Potomac Chapter and Youth Leagues)
- On-line Level II Course (held locally, cost subsidized by Potomac Chapter and Youth Leagues)
- Positive Coaching Alliance (PCA) On-Line Course
- PCA Coaching Workshops conducted locally
- USL Certified Coach (including background check)
- Free Mobile Coach Iphone or IPAD app for practice planning and implementation
- USL Continuing Education Opportunities (CEO)
    - National Team Clinics
    - USL National Convention
    - On-Line courses on Equipment and Safety and Injury (e.g. concusssions)

2012
US Lacrosse -Potomac Chapter

New and Advanced Youth Coach Mentor Program

New Coach

- Pilot in 2012
- Assist new youth coach with planning and conducting a practice
- Assist new youth coach with game strategy situations
- Build a pool of Level I USL Certified Coaches in the Potomac Chapter Area
- Implement with Youth League Commissioners
- Mentors will be experienced lacrosse people who will be paid a fee by the Potomac Chapter

2012
US Lacrosse -Potomac Chapter

New and Advanced Youth Coach Mentor Program

Advanced Coach

- Pilot in 2012
- Assist more advanced youth coach with to teach higher level lacrosse skills
- Build a pool of experienced lacrosse personnel that are USL Level II Certified Coaches in Potomac Chapter Area
- Mentor will be paid a fee by the Potomac Chapter