To: Women's Lacrosse Community

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Subject: Rule Interpretations, Reminders, Clarifications and Approved Rulings

We remind everyone that information regarding all rules is posted throughout the season on the US Lacrosse web site: http://www.uslacrosse.org/

Goalkeeper 10-Second Count (USL/NCAA):

Q – The Blue GK has the ball in her goal circle and the umpire has begun the 10-second count. A Gold team player reaches into the circle while attempting to make a play on the GK. The umpire blows the whistle and calls this foul. Does the umpire continue with the original 10-second count or start a new count?

A – The opposing team committing a foul would end the original 10-second count. The GK will maintain possession in her circle and the umpire would begin a new 10-second count on the whistle to restart play.

Goal Circle Foul by Defense (USL/NCAA):

Q – The Gold attack player has the ball near the goal. The Blue defense player, while marking this player, commits a goal circle violation. Can I flag this foul? Should I blow an immediate whistle?

A – As in past years this goal circle foul may be handled in a number of different ways. The official must judge what is happening at the time of the foul:

- If the umpire feels the attack player is not on a scoring play, for instance she is behind the goal circle and not initiating a scoring play, an immediate whistle should sound and the foul call is made.

- If blowing an immediate whistle would disadvantage the attack because she is on her way to goal the umpire should hold whistle. After holding to allow the attack player to continue, if the defender gained an advantage in this situation, for instance she was able to prevent a shot or affect the shot, the umpire should blow the whistle and penalize the defender for a goal circle violation.

- If it was a deliberate act by the defender to run through the circle to get to the attacker who was on a scoring play **OR** if it was a repeated goal circle foul by the defense then a flag could be raised. If a free position needs to be administered, it would be taken at the hash mark closest to where the foul occurred since this is now being penalized as a major foul not a goal circle foul.

8m arc Free Position mechanics (USL/NCAA):

• NCAA only – Call Time Out
• USL – Call Time Out ONLY IF penalty administration is taking too much time

Have all players:
• "STAND"
• Direct the player with the ball to the appropriate hash
• Direct the offender to 4m behind the ball
• Instruct the remaining players where to position - take the shortest route out while maintaining relative position to players in close proximity.
• Do not allow players from outside the arc to move up to the arc

Please see the Manual – Part Four – Page 4.6 for further clarification of proper player placement.

Headgear (USL/NCAA):

Crasche Middie Headgear has not been approved on any level

Pregame field/goal/Uniform check (USL/NCAA):**:**

When possible the officials for each game should check the field set up and the goals as early as possible upon arrival at the field. If this early check is not possible and problems are identified closer to game time, every effort should be made to wait until after team warm ups are completed before making corrections.

Officials should check for uniform compliance during warm ups so corrections may be made prior to the game if possible. If violations are corrected prior to the beginning of the game there is no penalty. If they cannot be corrected before the game begins and the player(s) starts the game on the field it is a minor foul. Play begins with a free position on the initial draw of the game only. If the officials discover a violation after game begins, and it cannot be corrected prior to entering the game, it is a minor foul. Visible undergarments are defined as "visible while standing still".