US Lacrosse - Potomac Chapter

Annual Coaches Clinic / Season Kickoff
Marymount University / February 26, 2012

2012
US Lacrosse - Potomac Chapter
New (Beginning Coach) and Advanced Youth Coach
Mentor Program

WWW.USLACROSSEPOTOMAC.ORG

(more details coming on web site)

2012
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New (Beginning Coach) and Advanced Youth Coach Mentor Program

NEW / BEGINNER YOUTH COACHES

Purpose is to help new youth lacrosse coaches, boys and girls, to get started in planning and holding their first youth lacrosse practice, teaching basic lacrosse skills to younger players, and to facilitate new coaches understanding game situation strategies (mentor can be assistant coach at first game).
And, to make youth coaches aware of the USL Coaches Education Program (CEP) tools available to new lacrosse coaches (Level I on-line course (free), USL CEP Level I Clinic (hands–on clinic, Potomac Chapter cost subsidized), Mobile Coach App (free), Positive Coaching Alliance Live Workshops and on-line course, and USL Certified Coach registration (including background check)

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New (Beginning Coach) and Advanced Youth Coach Mentor Program

ADVANCED LEVEL YOUTH COACHES

Purpose of the advance player /coach mentor program will be to assist more advanced coaches to learn practices and drills and other aides in order to:

- **To teach the advanced lacrosse skills to youth players as they progress in age and ability**
- **To develop more experienced and advanced level youth and high school coaches and players in the Greater Washington D.C. Metro area.**

And, to make coaches aware of the USL Coaches Education Program (CEP) tools available to experienced lacrosse coaches (Level II and Level III on-line courses , Level II USL CEP Clinic (hands–on clinic, with reduced Potomac Chapter subsidized cost), Mobile course, and registration (including background check) to become US Lacrosse Certified Level II Coach.

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New(Beginning) Youth Coach Mentor Program

- **Any new youth lacrosse coach may ask the Potomac Chapter through his league commissioner for a mentor to help with his or her first practice and game for:**

- **Potomac Chapter coordinator will assign experienced local lacrosse coach Mentor, who will attend the first team practice with new coach and:**

  * **Assist new coach in planning and conducting (using Mobile Coach, if possible) first practice**

  * **Attend and assist new coach during first game to advise on game situation strategies**

  * **Mentor will be paid a fee by the Potomac Chapter**

  * **Youth league will provide practice time and location of field**

- **This will be a pilot program in 2012 based on availability of experienced coaches**

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Advanced Youth Coach Mentor Program

The advance player /coach mentor program will also be available to assist more advanced youth lacrosse coaches and more advanced lacrosse players, to implement practices and drills which will make it possible for coach's to develop players at more advance lacrosse skill levels as the players age and capability progress.

US Lacrosse – Potomac Chapter is building a pool of personnel that are experienced local lacrosse personnel to be used to:

- *** Identify high potential skill players**
- *** Assist advanced coach to develop practice plans and drills, and attend first practice, and assist experienced coach in planning and conducting first live practice to teach more advance skills on individual team and player basis**
- *** Attend with and assist an advanced coach during first game to adjust game strategies based on players' advancing skill**

- Application may be made for an advanced youth coach mentor through the local Youth League Commissioner to the Potomac Chapter for a game and / or practice

- *** Mentor will be paid a fee by the Potomac Chapter**
- *** Youth league will provide practice time and location of field**

- This will be a pilot program in 2012 based on availability of experienced coaches