



**US LACROSSE  
WOMEN'S GAME OFFICIALS SUB-COMMITTEE  
2012 RULES TEST**

**Based on the 2012 USL Official Rules for Girl's and Women's Lacrosse and Girl's Youth Lacrosse Rules**

**TRUE or FALSE**

1. An umpire should not accept game assignments at a school that her children attend.
2. If a team is leading by ten or more goals the clock will not stop after goals or on every whistle in the last two minutes of each half. **(Rule 4 Section 3)**
3. When a player crosses the restraining line prior to the whistle for the draw, the FP for an illegal draw will take place where the player crossed the restraining line.  
**(Rule 5 Section 1; Note)**
4. A player issued a yellow card for a check to the head must leave the field for 2 minutes of elapsed playing time and no substitute may take her place. Her team must play short below the restraining line in both their offensive and defensive ends of the field for the duration of the 2 minute penalty.  
**(Rule 6 Section 1c; Rule 7 Section 29)**
5. Any player or coach receiving two yellow cards will be suspended from the rest of the game and both may participate in team's next game. A player or coach receiving a red card will be suspended from the rest of the game and will be prohibited from participating in team's next game. **(Rule 7 Sections 28, 33, & 34)**
6. It is illegal to reach into or through the sphere of an opponent, or to hold one's crosse around the throat of an opponent, or to complete a check toward an opponents' body. **(Rule 6 Section 1)**
7. If the attack commits a restraining line violation during play the closest defender to the spot of the ball will be awarded a free position at that spot (no closer than 8m to the goal circle). The attack player with the ball will go 4m behind and the attack player nearest the restraining line will move back onside. **(Rule 7 Section 6)**
8. When administering the draw umpires should place the ball in the upper third of the head of each crosse at the widest part and on the whistle players shall draw up. **(Rule 5 Section 2)**
9. When a game is suspended due to events beyond the control of the responsible authorities prior to 80% of playing time being completed, the game cannot be considered complete and must be replayed from the beginning on another day. **(Rule 4 Section 5)**

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10. The goalkeeper's crosse may be 35.5 to 52 inches in length. A field players crosse may be 35.5 to 43.25 inches in length. **(Rule 2 Sections 1 & 3)**
11. When a ten-goal differential exists and a legal draw goes directly out of bounds the umpire will call time out and administer a redraw. **(Rule 5 Section 14)**
12. When substituting after a goal, the substitute does not have to wait until the player on the field exits, but both must go in and out through the substitution area. Substitution may not take place once the umpire's hand is in contact with both centers' sticks at the draw. **(Rule 5 Section 22)**
13. Should a team receive its **third** card of the game they will play short the remainder of the game. **(Rule 7 Section 31)**
14. The penalty administration for a defense goal circle violation is an **indirect** free position to the attack player at the 12m fan on the goal line extended with the offending player (except the goalkeeper) 4m directly behind. **(Rule 7 Section 11)**
15. Any player who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not return to play until cleared by an appropriate health care professional. **(Rule 5 Section 25)**
16. The Head Coach will be responsible for the behavior of personnel affiliated with their team, including all assistant coaches and will receive any cards related to bench decorum. If the Head Coach is red carded or receives a second yellow card, and an Assistant Coach or other authorized person is not available, the team shall forfeit the game. **(Rule 7 Sections 34 & 35)**
17. An umpire should not speak negatively about other umpires to coaches, players or spectators. **(Appendix F)**
18. The defender who is marking an otherwise unmarked opponent who is "directly behind the goal circle", is exempt from 3 seconds as well as obstruction of the "free space to goal." **(Rule 6 Sections 1 j and k)**
19. The Assistant Coach may communicate with the umpires during the game and ask questions at half time or during timeouts. **(Rule 3 Section 5)**
20. All players on the same team choosing to wear visible undergarments under the uniform top must wear the same color. **(Rule 2 Section 15)**

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**MULTIPLE CHOICE - There is one correct response.**

21. Goalkeepers at the high school level **must** wear which of the following items?  
**(Rule 2 Section 6)**
- A. Helmet with facemask and fastened chinstrap, chest protector and mouth guard.
  - B. Helmet with facemask and fastened chinstrap, chest protector, mouth guard, padded gloves, and shin and thigh protection.
  - C. Helmet with facemask and fastened chinstrap, chest protector, separate throat protector, mouth guard, padded gloves, and shin and thigh protection.
  - D. Helmet with facemask and fastened chinstrap, chest protector, mouth guard, and padded gloves.
  - E. Helmet with facemask and fastened chinstrap, chest protector, mouth guard, shin and thigh protection.
22. Which of the following is **true** about the Deputy? **(Rule 5 Section 17)**
- A. May remain in the goal circle if the opponent is in possession of ball below the goal line extended.
  - B. May enter the goal circle to stop an aerial shot on goal.
  - C. While outside the goal circle may reach into the goal circle with her crosse to pick up a loose ball and proceed with the game.
  - D. May go into the empty goal circle to prevent a rolling ball from crossing the goal line.
  - E. May enter the goal circle while the goalkeeper is still in the goal circle.
23. Which of the following is **correct** about the number of time outs allowed to each team?  
**(Rule 4 Section 4)**
- A. Each team is permitted two timeouts per game which carry over into overtime.
  - B. Each team is allowed two timeouts during regulation which do not carry over into overtime, and one timeout during entire duration of overtime.
  - C. Each team is permitted a total of three time outs which can be used at any time, during regulation or overtime.
  - D. Each team is permitted two timeouts per game which do not carry over into overtime.
  - E. Each team is permitted one time out per half and one timeout during entire duration of overtime.
24. If a ten goal differential exists during a game, which of the following best describes when the clock will continue to run? **(Rule 4 Section 3; Rule 5 Sections 3 & 14)**
- A. After goals.

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- B. On every whistle within the last two minutes of each half.
  - C. For redraws, after goals or on every whistle within the last two minutes of each half.
  - D. By mutual agreement of the coaches, the clock will continue to run throughout the game.
  - E. The clock will stop after every goal regardless of the score and on every whistle within the last two minutes of each half.
25. White attack #30 has intercepted a Blue team pass at the midfield. Blue #10 recklessly swings her crosse at White #30. Blue #10 does not make contact with White #30's crosse or body. What actions if any should the umpire(s) take? (**Rule 6 Section 1d; Rule 7 Sections 1, 2, 4 & 28**)
- A. No action is required, as the swing did not make contact with White #30.
  - B. Signal for advantage as this happened at midfield, and has not impacted the White team's ability to move forward with the ball.
  - C. Whistle. Award a FP to White #30 at the spot of the foul. Blue #10 will go 4m behind the FP and all others will move 4m away.
  - D. Whistle. Signal time out. Yellow card Blue #10 for a slash. She is removed from the game for 2 minutes and no sub may replace her. Blue must play short below both its offensive and defensive restraining lines for 2 minutes. Award a FP to White #30 at the spot of the foul with no Blue player 4m behind. Move all others 4m away.
  - E. Whistle. Call time out and issue a Yellow card to Blue #10 for dangerous play. Award a FP to White #30 at the spot of the foul and place Blue #10 4m behind. Move all others 4m away.
26. The Blue goalkeeper, **who is the only dressed goalkeeper for her team**, is given her team's fourth yellow card of the game (only the first yellow card to the goalkeeper) for a foul committed inside the 8M arc. What procedures must the umpires follow? (**Rule 5 Section 22d; Rule 7 Sections 28 - 31**)
- A. The Blue goalkeeper must leave the field for remainder of the game and award a FP at center hash mark to the attack.
  - B. The Blue goalkeeper must leave the field for 2 minutes and the Blue team must play without a goalkeeper for 2 minutes.
  - C. The Blue goalkeeper may remain in the game and the Blue team Head Coach will select a field player to leave the field for 2 minutes, and the team will play short one player for the remainder of the game. The Blue goalkeeper will be placed 4m behind the FP set up on the 8m hash mark closest to the spot of the foul.
  - D. The Blue goalkeeper must leave the game for 2 minutes of elapsed playing time and a Blue field player must assume the role of goalkeeper after sufficient time is allowed for her to put on the required goalkeeper protective equipment.
  - E. None of the above.
27. White #8 is running toward her team substitution area when the whistle blows to stop play. She

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continues moving and attempts to complete the substitution. What actions if any should the umpire(s) take? **(Rule 5 Sections 22a & 23; AR 5-20)**

- A. Umpire will indicate illegal substitution by bending arms at elbows and circling forearms around each other at chest height and direct White #8 to return to the position on the field she occupied when the whistle blew.
  - B. Ignore as there was no impact on the game.
  - C. Whistle and direct White #8 to stand and wait for play to restart to complete substitution process.
  - D. Whistle. Call time out and issue a Green card to the coach for illegal substitution procedure. Change of possession at spot of the ball if applicable.
  - E. None of the above.
28. Which of the following is a correct statement about where a player ejected in a team's previous game is allowed to be during her team's subsequent game(s)? **(Rule 7 Section 33)**
- A. The ejected player must not be in attendance at the game site.
  - B. The ejected player must remain in her team's bench area for the entire game including on-field pre-game, game and post-game activities, and must not be in her game uniform.
  - C. The ejected player may attend the game but may not be on the sideline in the bench area.
  - D. The suspended player may dress in her uniform for the game and participate in pregame activities, but may not participate in the game.
  - E. The ejected player may not be in attendance at the team's subsequent two games.
29. White #16 has been given a yellow card for a check to the head with 6:21 left in the first half. This is her first card but her team's third card. At 5:21 the umpires notice that White #16 is back in the game. After whistling and calling time out, what if any actions should the umpires take? **(Rule 7 Section 32)**
- A. Issue a second yellow card to White #16 and she will sit out the rest of the game. Her team will play short below both their offensive and defensive restraining lines for the remainder of the game as this will now be White team's fourth card. Change of possession if applicable.
  - B. Issue a green card to White #16. Require her to sit out the remaining time on her card. Change of possession if applicable.
  - C. Issue a red card to White #16 for misconduct. Remove White #16 from the field for the remainder of the game. White team will now play short one player for the remainder of the game below both their offensive and defensive restraining lines. Change of possession if applicable.
  - D. Issue a red card to the White coach for misconduct and require her to leave the venue. If no other coach is available the game will be declared a forfeit.
  - E. Remove White #16 for the remainder of her penalty time. She may return at 4:21. Yellow

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card the White Head coach for misconduct and the coach will select a player to remove from the field for an additional 2 minute penalty. No sub to replace either player. This additional player may return to the game at 3:21, but only if another player leaves the field. As this was the fourth team card for White, they will now play short two players below both restraining lines until 4:21, and then will be one player down for the remainder of the game. Change of possession if applicable.

30. The White Goalkeeper is injured and is not able to continue playing. Which of the following best describes the procedures the umpires should follow? (**Rule 5 Section 22c; AR 5-19**)
- A. Require a field player currently on the field to put on equipment and take position in the goal circle and allow sub from bench to take field player's place on the field.
  - B. Require team to replace goalkeeper with a field player and continue game without a goalkeeper so that the game is not delayed, until another player can get goalkeeper equipment on and sub in to play goalkeeper position.
  - C. Allow field player to put on goalkeeper equipment and replace goalkeeper, require coach to substitute a field player through the substitution area after play has resumed.
  - D. Allow coach to decide who will replace the goalkeeper. If it is a player currently on the field, allow her time to put on goalkeeper equipment and allow a sub from the bench to replace the field player.
  - E. Require team to play without a goalkeeper until a player on the bench can get the goalkeeper equipment on and sub in through the substitution area.
31. On a slow whistle, the scoring play has ended and the White attack has been awarded a FP. The umpire notices that an attack player is not wearing a mouth guard. Which of the following best describes the actions the umpire should follow? (**Rule 6 Section 2 k; AR 6-5; Rule 7 Section 26**)
- A. Call time out and issue a green card for delay to the White player for failing to wear a mouth guard. Award a minor foul FP to the opponent at the spot of the foul and move White 4m away.
  - B. Give the offsetting foul signal, repeat the defensive foul signal and direction, then point at mouth guard and give direction signal, and then award a throw 8m from the goal circle.
  - C. Call time out and issue a yellow card for misconduct to the White player. Remove her from the field for 2 minutes and her team will play short below both restraining lines. Award a major foul FP to the Blue team at the spot of the foul.
  - D. Ignore this and discreetly tell her to put her mouth guard in her mouth.
  - E. Call time out, issue the White player a yellow card for delay of game foul. White player without mouth guard must leave the game for 2 minutes but the team may sub for her.
32. With an opponent within playing distance and attempting to play the loose ball, a deflected shot is covered by the goalkeeper standing outside the goal circle in the 8m arc. After whistling for the

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- minor foul by the goalkeeper what is the proper placement of the goalkeeper for the FP?  
(**Rule 6 Section 2 a; Rule 7 Section 16**)
- A. The goalkeeper remains outside the goal circle at the spot of the foul.
  - B. The goalkeeper is placed inside the goal circle.
  - C. The goalkeeper is placed 4m from the 12m fan FP relative to her position from the opponent at the time of the foul.
  - D. The goalkeeper is placed behind the 8m FP.
  - E. The goalkeeper is placed on the 12m fan next to and 4m away from the FP.
33. Blue team #15 commits a cardable foul at midfield which causes the White player to immediately lose possession. This is her first card but her team's fourth card. After the umpire whistles, calls time out to issue a card, what occurs next? (**Rule 7 Sections 28, 29 and 31**)
- A. Remove Blue #15 from field for **5 minutes** of playing time. No sub allowed. FP White. All other players move 4m away.
  - B. Remove Blue #15 from the field **for the remainder of the game**. Blue team will play with one fewer player and play short below restraining lines, (offense and defense), for the rest of the game. FP White. All other players move 4m away.
  - C. Remove Blue #15 from the field **for 2 minutes of playing time**. Blue team may return to full strength after 2 minutes of playing time. FP White. All players move 4m away.
  - D. Remove Blue #15 from the field for **2 minutes** of playing time. Blue Team will play with one fewer player and play short a player below restraining lines, (offense and defense), for the remainder of the game. FP White. All other players move 4m away.
  - E. Remove Blue #15 for **3 minutes of playing time**. Allow a sub to replace her. Team will play with one fewer player and play short below restraining lines, (offense and defense), for the remainder of the game. FP White. All other players move 4m away.
34. Which of the following criteria must be considered before calling obstruction of the free space to goal? (**Rule 6 Section 1k**)
- A. Was the defense player drawn into free space to goal by the attack player she is marking?
  - B. Does the player with the ball have the "opportunity to shoot"?
  - C. Are all defensive players who are in the "free space to goal" legally marking an opponent "within a stick's length"?
  - D. Is the player with the ball "looking to shoot"?
  - E. All of the Above.
35. What are the results of a player being given a **green/red** card for delay of game such as failing to move 4m away for a free position? (**Rule 7 Section 27**)
- A. Player will be removed from the field for 2 minutes of elapsed playing time but her team

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- must sub. Major foul set up for FP.
- B. Player will be removed from the field for 3 minutes of elapsed playing time and her team must sub. Major foul set up for FP.
- C. Player will be removed from the field for the remainder of the game and her team will play short below both restraining lines for the remainder of the game. Major foul set up on the FP.
- D. Player will be removed from the field for 5 minutes with no sub replacing her and her team will play short below both restraining lines. Major foul set up on the FP.
- E. Player will be removed from the field for remainder of the game but a sub must take her place. Major foul set up on the FP.
36. The goalkeeper is outside the goal circle, **above the goal line extended in the 8m arc when** offside is called. In which of the following situations may the goalkeeper return to the goal circle? **(Rule 7 Sections 6- 8 AR 7-5)**
- A. Offside is called on the offense when the ball is in the 8m arc.
- B. Offside is called on the defense when the ball is in the critical scoring area and above the goal line extended.
- C. Offside is called on the defense when the ball is below the goal line extended.
- D. Offside is called on the defense when the ball is near the restraining line.
- E. Offside is called on the offense when the ball is below the goal line extended.
37. The White team takes a shot which is deflected off the goal post over the end line. Based on the described position of players in the following scenarios which of the following is correct for the **restart**? **(Rule 5 Section 12; and Note)**
- A. White #3 is inbounds nearest to where the ball crosses the boundary. Blue #12 is closest to the end line but not near where the ball went out. White #3 will be awarded the ball 4m inside the boundary, all players in the vicinity will maintain relative positioning and give her 1m of clear space.
- B. Blue #20 is outside the boundary line where the ball goes out. She will be awarded the ball 4m inside the boundary, all players in the vicinity maintain relative positioning and give her 1m of clear space.
- C. There is one White player below the goal line extended when the ball goes out of bounds. The umpire awards the ball to the goalkeeper who is in her goal circle, as White caused ball to go out of bounds.
- D. Blue# 10 attempts to pick up the deflected ball off the ground near the boundary line but she simply touches the ball and it goes out of bounds. Umpire awards the ball to the nearest White player 4m inside the boundary, all players in the vicinity will maintain relative positioning and give her 1m of clear space.
- E. Two opponents are equally near the ball when it goes out of bounds. The umpire cannot determine who is closest so she awards the ball to the goalkeeper in her goal circle.

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38. A player on the Blue team is injured away from the ball and falls to the ground during play. At the first opportunity the umpire will whistle and signal time out. The umpire beckons the trainer on to the field. The White team was in possession of the ball when time out was called by the umpire. How will play be restarted? **(Rule 5 Sections 24-25)**
- A. Injured Blue player must leave the field and Blue team does not have to replace her. White player who had possession when time out was called will have possession of the ball. All players will give her 1m of clear space and play will be restarted.
  - B. After assessment by trainer, Blue player is allowed to stay in the game. Play is restarted with a throw.
  - C. Injured Blue player must leave the field and a sub must replace her. Umpire will administer a throw to restart play.
  - D. Injured Blue player must leave the field and a sub must replace her. White player who had possession when time out was called will have possession of the ball. All players will give her 1m of clear space and play will be restarted.
  - E. Injured Blue player must leave the field and a sub must replace her. White team will have possession and the nearest Blue player must go 4m behind player with the ball.
39. Early in the first half the defense runs through the goal circle in order to cover her attack player cutting behind the goal circle and the umpire calls a goal circle violation on the defense. How should the FP be set up? **(Note: This is the first time this has happened in this game) (Rule 7 Section 11)**
- A. The attack will be awarded a FP at the nearest 8m mark with the offending player 4m behind.
  - B. The attack will be awarded an indirect FP at the 12m fan on the goal line extended with the offending player 4m behind the FP (further from the goal circle).
  - C. The attack will be awarded a FP 8m away from the goal circle with the offending player 4m behind.
  - D. The attack will be awarded an indirect FP on the 12m fan on the goal line extended with the offending player 4m in front (closer to the goal circle) of the FP.
  - E. The attack will be awarded a FP at the 12m fan on the goal line extended and the offending player will stand where she was when the whistle was blown.
40. Which of the following responses would be the best response when a coach asks an umpire about a call made in a previous game? **(Appendix F)**
- A. Coach I respectfully decline to answer that question. I am sure the umpire made the right call.
  - B. That umpire is always making controversial calls. They really need to review the rules.
  - C. Coach that game is over, get over it!

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- D. Coach I would be glad to explain the rule involved in the call made, but I cannot speak to the call itself as I was not here and did not observe the play.
- E. Coach have you researched the rule involved with your questionable call? If not, let me know when you have and I will be glad to discuss the call with you.

### **MULTIPLE CHOICE - PENALTY ADMINISTRATION**

41. White #20 received a yellow card in the first half of the game for a check to the head. In the second half she receives a second yellow card for a slash at the midfield. White #20's second yellow card is the team's fourth card of the game. What procedures should the umpires follow after carding White #20? (**Rule 7 Sections 28, 29 & 31**)
- A. White #20 must leave the field for 2 minutes of elapsed playing time and then she may return to the game. FP Blue at spot of the foul, no White player is placed 4m behind the FP.
  - B. White #20 must leave the field for the remainder of the game and the White team will play with one fewer player and will play short below the restraining lines, (offense and defense), for the remainder of the game. FP Blue at spot of the foul, no White player is placed 4m behind the FP. White #20 will be eligible to play in her team's next game.
  - C. White #20 must leave the field and the playing area for the remainder of the game and the White team will play with one fewer player, and play short below their offensive restraining line, for the remainder of the game. FP Blue at spot of the foul and no White player is placed 4m behind the FP.
  - D. White #20 must leave the field for 2 minutes of elapsed playing time and the White team may not sub for her. White team will play with one fewer player and play short below the restraining lines, (offense and defense), for 2 minutes. FP Blue at spot of the foul, no White player is placed 4m behind the FP.
42. Blue #30 commits a check to the head. The umpire stops play and calls time out and issues a yellow card to Blue #30 (this is her first yellow card and her team's second card). As Blue #30 is leaving the field an unidentified person on the **White team bench** makes a derogatory comment. The umpire gives a yellow card to the White team Head Coach for bench decorum. This is the White team's second card of the game. Which of the following is the proper procedure for the umpires to follow? (**Rule 7 Sections 28 & 33**)
- A. Blue #30 leaves field for 2 minutes of elapsed playing time and Blue team plays short below both their offensive and defensive restraining lines for 2 minutes of playing time. Administer a throw between the nearest White and Blue players to the spot of the ball.
  - B. Blue #30 leaves field for 2 minutes of elapsed playing time and Blue team plays short below both their offensive and defensive restraining lines for 2 minutes of playing time. FP to the White player who is nearest to the spot of the check to the head foul. No White player is removed from the field for a card to the coach for bench decorum.

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- C. Blue #30 leaves field for 2 minutes of elapsed playing time. White team Head Coach will select a White team player to remove from the field to serve the 2 minute suspension for the card issued for bench decorum. Both teams will play short below both their offensive and defensive restraining lines for 2 minutes. Due to the subsequent foul by the White team bench, FP to the Blue player closest to the spot of the ball.
- D. Blue #30 leaves field for 2 minutes of elapsed playing time and Blue team plays short below both their offensive and defensive restraining lines for 2 minutes. Card the White team Head Coach for bench decorum. Administer a throw between the nearest White and Blue players to the White team bench.
43. When setting up a FP for a major foul the umpire should place the offending player 4m behind the FP in relationship to:
- A. The sideline and the spot of the foul.
- B. The restraining line and the spot of the foul.
- C. The centerline and the spot of the foul.
- D. The center of the goal line and the spot of the foul.
44. White team is on attack in their offensive end of the field and has the ball in the middle of the 8m arc when the trail umpire inadvertently whistles for a defensive offside violation. After whistling the trail umpire realizes Blue team is not offside. How would play be restarted in this situation? **(Rule 5 Section 24b; AR 5-21)**
- A. White attack player with the ball will restart play from where she was when the whistle was blown. All players in vicinity will remain where they were when the whistle blew, and give the player with the ball 1m of clear space. This is a restart not a FP.
- B. White attack player with the ball will move to the 12m fan and other players will maintain relative positioning to ball carrier. Play will restart with an indirect FP.
- C. White attack player with the ball in the 8m arc must move 8m away from the goal circle for the restart. Other players near the ball carrier will maintain relative positioning to the ball carrier and give her at least 1m of clear space.
- D. The umpire will administer a throw 8m from the goal circle.
45. A White attack player in the 12m fan is looking to shoot and has the opportunity to shoot when the Blue goalkeeper steps outside the goal circle directly in the path of the shooter. The goalkeeper is not marking a White attack player and is not within a stick's length of the ball carrier. What procedures does the umpire follow? **[Note: This is the first time this has occurred in this game] (Rule 6 Section 1 k, Rule 7 Sections 4 & 14)**
- A. The umpire raises a flag to give the Blue goalkeeper an opportunity to return to the goal circle.
- B. The umpire blows the whistle immediately and cards the Blue goalkeeper for misconduct.

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- Set up an 8m FP for White at the 8m hash mark nearest the spot of the foul. Goalkeeper is placed 4m behind.
- C. The umpire blows the whistle immediately and penalizes the Blue goalkeeper for "obstruction of the free space to goal". Set up an 8m FP for White at the 8m hash mark nearest the spot of the foul. Goalkeeper is placed 4m behind.
- D. The umpire raises a flag to give the White attack player an opportunity to shoot.
46. White attack #6 has been awarded an indirect FP. After the umpire whistles for the restart White #6 enters the 8m arc, is running toward the goal looking to shoot and is pushed by Blue #15. What actions should the umpire(s) take? **(Rule 7 Section 12; Rule 8 Def. of Played)**
- A. Umpire should flag the pushing foul and allow the White attack to complete their scoring play.
- B. Umpire should whistle for the pushing foul and reset the indirect FP.
- C. Umpire should show the hold for advantage signal for White to continue play.
- D. Umpire should whistle the pushing foul and set up a FP for White at the 8m hash mark nearest to the spot of the foul and place Blue #15 4m behind FP.
47. The Blue attack has possession of the ball in the 8m arc in its offensive end of the field. The trail umpires whistles for Blue team being offside. How should play be restarted? **(Rule 7 Section 6)**
- A. Correct the offside by placing the closest Blue player below the restraining to the center of the field just ahead of the restraining line. Move the closest White player from below the restraining line to the center of the field 4m ahead of the restraining line with the ball.
- B. Correct the offside. Award a FP, at least 8m from the goal circle, to the White player nearest to the Blue player with the ball. Place Blue player who had possession 4m behind the FP. All other players move 4m away.
- C. Correct the offside. Award a FP to nearest White player from below the restraining line at the restraining line. Move all others 4m away.
- D. Correct the offside. Award a FP to the White player at the spot of the ball. The Blue player who had possession of the ball will be placed 4m behind the FP. All other players move 4m away.
48. Blue attack #10 is fouled by White defense #6 near the center hash mark but **outside of the 8m arc when she is on a scoring play**. The **goalkeeper is out of the goal circle in the center of the 8m arc** when the Blue team ends the scoring play by turning away from goal. The goalkeeper has not committed a foul and no other fouls have been committed by the defense. After having raised a yellow flag and then blowing the whistle when the scoring play ends, which of the following procedures is proper for the umpire to follow? **(Rule 7 Sections 13, 21, 22, and 25d)**
- A. FP Blue on the spot of the foul; White #6 or nearest defender 4m behind; all others

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- moved 4m away; penalty lane cleared; goalkeeper stands.
- B. FP Blue on the nearest 8m hash; White #6 or nearest defender 4m behind; all others moved 4m away; 8m arc cleared; goalkeeper clears into the goal circle.
- C. FP Blue on the 12m fan; White #6 4m behind; all players including the goalkeeper 4m away.
- D. FP Blue on the spot of the foul; White #6 or nearest defender 4m behind; all players moved 4m away; Penalty lane cleared; goalkeeper clears into the goal circle.
49. A White attack player who is outside the 8m arc and **on a scoring play** is dangerously checked by a Blue defender. The umpire raises a flag. The White attack player maintains possession and then charges into Blue defender in the 8m arc. What is the proper penalty administration? **(Rule 7 Section 26)**
- A. FP to White on the spot of the first foul, and no closer than 8m to the goal.
- B. A throw is taken nearest to the spot of the foul that caused play to stop and no closer than 8m to the goal.
- C. A throw is taken midway between the two fouls and no closer than 8m to the goal
- D. FP Blue on the spot of the second foul and no closer than 8m to the goal
50. As time expires in the first half White #20 checks Blue #30 in the head. This is the first card for White #20 and her team's second card of the game. After carding White #20 and making sure that a sub has not entered the field for her at the start of the second half, how should the umpires administer the FP to begin the second half? **(Rule 7 Sections 28 & 29; AR 5-2)**
- A. Administer a FP for Blue at the center with White center 4m behind.
- B. Rules for the draw apply. When teams are set, whistle to make all players stand, and award FP to Blue at center with White center 4m away on a 45 degree angle and no White player is placed behind the FP.
- C. Administer a draw at the center.
- D. Administer an 8m FP to Blue to start the second half.
- E. Administer a FP for Blue at the center with White center 4m in front of her.

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### **YOUTH TEST QUESTIONS**

**Based on 2012 US Lacrosse Official Rules of Girl's and Women's Lacrosse Rules and 2012 Officials Rules for Girl's Youth Lacrosse**

### **TRUE or FALSE**

1. **For Level U-13 and below** it is illegal for a player to break the plane of the goal circle with her stick on the follow through of a shot.

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2. **U-15, U-13 and U-11 playing on a regulation field** will be required to play short below both their offensive and defensive restraining line when playing short a player due to a card being issued.
3. Use of a **deputy** will only be allowed at the **U-15** level.
4. The levels of play at the youth level shall now correspond to ages U-15, U13, U-11 and U-9. It is recommended that Middle School/ Junior High players, regardless of age, play U-13 modified checking.
5. There will be no checking allowed at any of the youth levels.

### MULTIPLE CHOICE

6. **For Level U-13 and below:** Which of the following is the proper procedure for the umpire to follow after the Blue attack completes a shot on goal and the crosse of the shooter breaks the plane of the goal circle.
  - A. Whistle. Defense FP at 12m fan and goal line extended.
  - B. Whistle. FP to the goalkeeper. All players 4m away from goal circle.
  - C. Whistle. FP to the nearest defender on the 8m arc. Shooter 4m behind.
  - D. Whistle. FP to goalkeeper. Shooter 4m behind goal circle.
7. **For Level U-13 and below:** If score is kept and a 4 or more goal differential exists which of the following procedures may be utilized to restart play?
  - A. Award possession at the centerline to a member of the team with fewer goals. This player **may run, pass, but may not shoot until another player has played the ball**. Place opposing center 4m away on 45 degree angle.
  - B. Award possession at the centerline to a member of the team with fewer goals. This player **may run, pass, or shoot**. Place opposing center 4m away on 45 degree angle.
  - C. Rules for the draw apply. When teams are set, whistle to make all players stand, and award possession at the centerline to a member of the team with fewer goals. This player **may run or pass, but may not shoot until another player has played the ball**. Place opposing center 4m away on 45 degree angle.
  - D. Award possession at the centerline to a member of the team with fewer goals. This player **may run or pass, but may not shoot until another player has played the ball**. Place opposing center 4m behind.
8. Which of the following statements best defines **modified checking**?

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- A. Checking a crosse that is **partially below shoulder level** in a downward motion that is away from the player's body.
  - B. Checking a crosse **only if the entire crosse is below shoulder level**. The check must be in a downward direction and away from the body.
  - C. Checking a crosse that is **entirely above shoulder level** in a downward motion that is away from the player's body.
  - D. Checking a crosse that is **partially above shoulder level** in a downward motion that is towards the player's body.
9. When U-9 and U-11 are playing a smaller field with 7 players, which of the following best describes the field dimensions and markings required?
- A. Field 80-90 yards long by 40-50 yards wide, with a goal circle, goal line, 8 m arc, 12 m fan and center line.
  - B. Field 90-100 yards long by 50-60 yards wide, with a goal circle, goal line, 8 m arc and center line.
  - C. Field 70-80 yards long by 30-40 yards wide, with a goal circle, goal line and centerline.
  - D. Field 60-70 yards long by 30-40 yards wide, with a goal circle, goal line, 8 m arc and center line.
10. **For Level U-13 and below:** Which of the following must be present for the umpire to make a call for player holding the ball for more than 3 seconds?
- A. Player with the ball is closely guarded/ marked by a defender, but defender is not in a position where a legal check could be made if checking were allowed.
  - B. Player with the ball may hold the ball as long as she wants, if the defender marking her does not have two hands on her stick.
  - C. Player with the ball is closely guarded/ marked by a defender, the defense has both hands on her stick, and defender is in a position to legally check if checking were allowed. Umpire must give a visual and verbal count.
  - D. Player with the ball is not moving and a defender is closely guarding/ marking her.

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**NCAA TEST QUESTIONS**  
**Based on 2012-2013 NCAA Women's Lacrosse Rules**

**TRUE or FALSE**

- 1. When the White attack is found to be offside in their attacking end, the FP will be taken at the spot of the ball by closest Blue defender. White player that had the ball will be 4m behind the FP and closest White player to restraining line will move back on side. **(NCAA Rule 7 Section 6)**
- 2. On the draw each team will be allowed 4 players within or between the restraining lines. **(NCAA**

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**Rule 5 Section 1)**

3. When the Head Coach is yellow carded for bench decorum, she will select a player from the field to serve the two minute releasable penalty in the penalty area. Team will play short below both their offensive and defensive restraining lines. **(NCAA Rule 7 Sections 32 & 33)**
4. A player serving a penalty who enters early will serve the remaining time as well as an additional two minutes. **(NCAA Rule 7 Section 31)**
5. Head coaches and officials will meet with the captains at the center of the field prior to the start of the game. **(NCAA Rule 3 Section 2)**
6. When a yellow card has been issued to the Blue team, the carded player will be removed from the field to the penalty area for a two minute releasable penalty and the Blue team will play short below both their offensive and defensive restraining lines for the penalty time. **(NCAA Rule 7 Section 28)**
7. When the defense commits a goal circle violation the attack will be awarded a FP at the 8m hash mark on the goal line extended and the fouling defender (except the goalkeeper) will be placed 4m behind the FP (further from the goal circle). This will no longer be an indirect FP and the player may go to goal. **(NCAA Rule 7 Section 10)**
8. The Blue team coach approaches the umpires at half time to discuss a question on a call in the first half. The umpires do not need to include the White team coach in the discussion. **(NCAA Rule 3 Section 9c)**
9. When a White player receives a red card she will be removed from the field to the penalty area for two minute non-releasable penalty. She will not be eligible to return to the game and her team will play short below both their offensive and defensive restraining lines for the entire 2 minute non-releasable penalty time. The red carded player will not be eligible to play in her team's next game. **(NCAA Rule 7 Section 30)**
10. **In 2012-2013 the points of emphasis** for the umpires will include dangerous propelling, fouls after the shot, and diligence in clearing the 8m arc correctly. **(NCAA Points of emphasis)**

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