Boy's Youth Lacrosse 2012 Rules Refresher

Bill Harvey & Tom Quigley, Trainers
Washington Area Lacrosse Officials Association (WALOA)

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Agenda

- Hierarchy of Rules
- NFHS 2012 Rule Changes
- USLYC 2012 Rule Changes
- League 2012 Rule Changes/Exceptions
- Age Group Specific Rules
- Top 5 Misunderstood Calls
- Frequently Asked Questions
- Audience Questions

NOTE

- This briefing is based on Northern Virginia Youth Lacrosse League (NVYLL) rules.
- Other local leagues have similar (but not identical) sets of rules.
- Please consult your league rules for specifics.

Hierarchy of Rules

- Base Rule Set: NFHS
- Modified By: US Lacrosse Youth Council Rules for Youth Lacrosse
  - *See* Page 93 of 2012 NFHS book
- NVYLL Exceptions: Appendix #2
  - http://www.nvyll.org
  - NVYLL Documents → Spring 2012 Rules → Scroll to Appendix #2

NFHS 2012 Rule Changes

- Rule 1-2-1 (Center Line at Midfield)
  - A bold white line shall be marked through the center of the field perpendicular to the sideline (solid or shadow line through logos)
    - Need to know the exact location of the centerline
    - Failure results in illegal procedure
- Rule 1-7-3 (Manufactured End Caps)
  - All hollow crosses must have an end cap manufactured for a lacrosse stick
    - Illegal crosse removed from game at the next whistle under corrected

NFHS 2012 Rule Changes

- Rule 4-3-3 (Faceoff Set Up Position)
  - Crosses and gloves must rest on ground along center line parallel to each other, up to, but <u>not touching</u> center line
    - Player may not back out once official initiates faceoff positioning
- Rule 4-3-5 (Faceoff Parameters)
  - Illegal to <u>kick</u>, step on or <u>intentionally</u> place any other body part on crosse or opponents crosse
  - Illegal to use crosse to <u>hold</u> or <u>pin down</u> opponent's crosse

NFHS 2012 Rule Changes

- Rule 4-5-10 (Airborne Player)
  - Location of airborne player is the <u>same</u> as at the time such player was <u>last in contact</u> with the field or an extension of the field

- Rule 4-7-1 (Ball Caught in Lost Crosse)
  - Immediate whistle and turnover when player loses his crosse and ball remains <u>in</u> or <u>under</u> the head of the crosse

NFHS 2012 Rule Changes

- Rule 4-11-3 (Too Few Players)
  - Team <u>not</u> offsides with <u>too few</u> players on either end of field if no advantage gained by player(s) in question off field
- Rule 4-15-1 (Advancing to Goal Area)
  - Team has <u>10 seconds</u> to bring ball into goal area
    - After <u>crossing</u> center line with possession
    - After <u>initially gaining</u> possession in offensive half
    - After <u>regaining</u> possession in offensive half following defensive possession

NFHS 2012 Rule Changes

- Rule 4-27-3 (Official's Timeout for Injury)
  - Injured player must be replaced but can substitute back into game after next dead ball
- Rule 4-34 (Get It In/Keep It In)
  - "Get it in/keep it in" command issued
    - "Get it in" warning when ball outside goal area -10 seconds to get it in and keep it in goal area
    - "Keep it in" when ball is inside goal area and must stay
    - 'Get it in/Keep it in" applies in last two minutes when not tied
    - Stalling (*See* Rule 6-10)

NFHS 2012 Rule Changes

- Rule 5-3 (Clarification on Body Checks)
  - Illegal to body check player without possession, beyond 5 yards of a loose ball, or from the rear or below the waist
    - If a player about to be checked turns to avoid legal check, there is no foul
- Rule 5-4 (Checks to the Head/Neck)
  - Illegal to initiate contact to an opponent's head or neck with any body part or crosse including follow-through; a 1- to 3-min. non-releasable foul results

NFHS 2012 Rule Changes

- Rule 5-11 (Fouling Out)
  - Player with 5 minutes of personal fouls is disqualified; not an ejection
- Rule 6-10-1 (Stalling)
  - Team in possession must attack the goal
    - Judgment of the officials
    - No specific time for foul to occur

NFHS 2012 Rule Changes

- Rule 6-10-2 (Stalling)
  - Team in possession in offensive half may be warned to “get it in/keep it in” if not attacking goal
    - 10-sec. count to bring ball in goal area; must stay in
    - Defense must attempt to play ball in goal area
    - In effect until ball leaves goal area except shot/deflection

NFHS 2012 Rule Changes

- Rule 6-10-2 (Stalling)
  - Team in possession in offensive half may be warned to “get it in/keep it in” if not attacking goal
    - 10-sec. count to bring ball in goal area; must stay in
    - Defense must attempt to play ball in goal area
- Rule 7-1-1 (Reentering Field After Penalty)
  - Player serving penalty time may not re-enter field during faceoff until possession is gained
    - Penalty time expires
    - Re-enter though table area

NFHS 2012 Editorial Changes

- Rule 1-11-2 (ADA Changes by State Assoc.)
  - State association my make exceptions to NFHS playing rules to accommodate disabilities
    - May not alter fundamentals of sport
    - May not allow for otherwise illegal equipment
    - May not create risks to players or others
    - May not place opponents at disadvantage
- Rule 2-6-1 (Officials' Jurisdiction)
  - Officials maintain jurisdiction through reporting a response
  - State assoc. may intercede after officials or termination

NFHS 2012 Points of Emphasis (see Page 86)

- Players Calling Undue Attention After Goal
  - Unsportsmanlike conduct to be penalized
- Grabbing the Ball With Hand During Faceoff)
  - Repeated fouls treated as unsportsmanlike conduct
- Checking With Punching Blow or Handle)
  - Unnecessary roughness when done
- Random Equipment Checks
  - 4 per game; 3 in first half & 1 in second half

USLYC 2012 Rule Changes (See Page 93)

- Overarching Principle
  - Play with emphasis on proper development of individuals skills, team play & sportsmanship
- Age & Eligibility Guidelines
  - Not “game-day rules” and cannot be altered by coaches
    - League or assoc. to determine solely
    - Age determined as of 08/31 or year

USLYC 2012 Rule Changes

- Rule 1-1 (Number of Players)
  - 10 on 10 or equal strength; no less than 7 on 7
    - Coaches must agree
- Rule 1-2 (Dimensions)
  - Regulation preferred; coaches may agree on field size
    - Player numbers should be reduced on modified field

USLYC 2012 Rule Changes

- Rule 1-2-Art 11 (Spectator Restrictions)
  - No one on end lines or within limit lines
  - Spectators on far side

- Rule 1-2 (Crosse Dimensions)
  - NFHS specs apply & crosse not taller than player
  - U11 & U9 “short crosses 37 to 42 inches
  - U11 “long crosses” 47 to 52 inches

USLYC 2012 Rule Changes

- Rule 1-8 (Crosse Prohibitions)
  - Hanging strings/leathers limited to 2 inches
- Rule 1-9 (Player Equipment)
  - NFHS specs & NOCSAE-approved helmets apply
  - Goalies must wear arms pads & cups
  - Rib pads & cups recommended for all players

USLYC 2012 Rule Changes

- Rule 1-12 (Sideline Managers)
  - Team shall provide adult sideline manager
  - Not game day rule to be enforced by officials

- Rule 3-1 (Length of Game)
  - U15 & U13 – 10-min. stop-start quarters
  - U11 – 8-min. stop-start or 12-min. running time quarters
  - U9 – 12-Min. running time quarters

USLYC 2012 Rule Changes

- Rule 4-14 &15 (Advancing the Ball)
  - U15 & U13 – 20-sec./10-sec. counts to be used
  - U11 & U9 – No advancement enforced

- 3-Yard Rule
  - Checks & legal holds must be within 3 yards of a loose ball (***Change from 5 yards***)
  - Does not apply to player distance on restarts

USLYC 2012 Rule Changes

- Rule 5 (Personal & Ejection Fouls)
  - Stricter enforcement at youth level expect as compared to high school level
- No Take Out Body Checks
  - Defined: check when player lowers head/shoulders with force & intent to put other player on ground
  - Checks that are more aggressive or physical than necessary or to player in defenseless position

USLYC 2012 Rule Changes

- Body Checks
  - U15 & U13 – Body checks permitted
  - U11 & U9 – No body checks of any kind
- Checks to Head/Neck
  - Same as NFHS including follow-through
  - Excessively violent violation may result in ejection

USLYC 2012 Rule Changes

- Rule 5-11 (Fouling Out)
  - U15 & U13 – 4 Personal fouls or 5 min. in personal foul time results in disqualification
  - U11 & U9 – 3 Personal fouls or 5-min. in personal foul time results in disqualification

- Rule 6-10 (Advancing the Ball)
  - U15 & U13 – Advancement & stalling enforced
  - U11 & U9 – Advancement & stalling not enforced

USLYC 2012 Rule Changes

- Rule 7-1, 2 & 3 (Time Serving Penalties)
  - Penalties will be running time on next whistle
  - Running time stops for timeouts & end of periods

WALOA 2012 Points of Emphasis

- Concussion Prevention
  - Contact to an opponent's head and player leading with his helmet will result in maximum penalty
- Bench Area Protocol (*Harpole Precedent*)
  - Coaches to remain in coach's area at all times (except U9 Modified)
  - No coaches permitted on field including timeouts
- Sportsmanship
  - Officials to take all necessary measures to eliminate inappropriate conduct

WALOA 2012 Enhancements

- Unification of PLOA & VLOA
  - WALOA now largest LOA in mid-Atlantic area
- Mentor Program
  - New officials to be paired with experienced mentors
- Electronic Evaluations
  - Head coaches can submit electronic evaluations through ArbiterSports.com

Age Group Specific Rules

- High School
  - Running time (except last 2 min. of Q4 & O/T)
    - Penalty time starts/stops on the whistle
  - Mercy rule (5 goals)
  - Technical clarifications
  - No more than 1 O/T period
- U-15A/B/C: Essentially Same as High School
  - Advancement & stalling enforced (*new in 2012*)
  - 3-Yard distance on checks enforced (*new in 2012*)

Age Group Specific Rules

- U-15A/B/C: (Cont.)
  - Upright body checks allowed; no take-out body checks permitted (*new in 2012*)
- U13A: Same as U15A/B/C
- U13B & C: Same as U15A/B/C except:
  - One-handed check is slash, with or without contact with opponent's crosse (*new in 2012*)

Age Group Specific Rules (cont.)

- U-11A: Same as U-13B & C except…
  - 10-min running time quarters
  - Option to play with 3 “long crosses” 47”-72”
  - All short crosses 36”-42”
  - Advancement & stalling not enforced
  - No body checks permitted
    - “Play the ball” in loose ball situations emphasized
    - “Boxing out” on loose ball permitted

Age Group Specific Rules (cont.)

- U-11B/C: Same as U-11A except…
  - 1-Pass rule in offensive half or goal does not count
  - No “long crosses”
- U-9 Full: Same as U-11B/C except…
  - One Coach on Field
    - Restraining to midfield line, wing to sideline
  - Scores not kept
  - No man-down after penalty (sub him out)

Age Group Specific Rules (cont.)

- U-9 Modified: Same as U-9 Full except…
  - Half-size field (35 yds. by 60 yds.)
  - 8 v 8 (2A, 3M, 2D, GK)
  - Offensive & defensive players line up on GLE during faceoffs (*new in 2012*)
  - **2**-Pass attempts **anywhere** on field
  - Goalie optional, but no ‘Hector’

Top 5 Misunderstood Calls

- #5 Play On
- #4 Push
- #3 Warding Off
- #2 Illegal Offensive Screen
- #1 Unnecessary Roughness

Frequently Asked Questions

- What's an 'In-Home'?
  - Starting attackman; serves bench, coach, and some goalie penalties
- Does it matter who's the 'Head' Coach?
  - Yes! (certification, speak to the officials, control of fans)
- When may I make 'Regular' Substitutions?
  - Sideline (not endline) out-of-bounds: ref w/2 hands up, call for a horn
  - Following a goal
  - Before a Time-Serving Penalty (not possession change)

Frequently Asked Questions

- What's a Double Horn?
  - May be requested on a dead ball only
  - It's used to…
    - request clarification on rule application (but <u>not</u> on judgment)
    - report a player left early from penalty box (timekeeper only)
    - point out a suspected issue (clock not running, request equip. check)
  - T/O or Illegal procedure may result if abused

Audience Questions

- Bill Harvey
- 2012 Commissioner/Chief Operating Officer
- bill.harvey@waloa.org

- Tom Quigley
- 2012 Youth Commissioner
- tom.quigley@waloa.org