

Coach better. Coach smarter. Have more fun.

One for all.



US Lacrosse Coaches' Education Program Level 1 Instructional Clinics

"I would not be comfortable coaching without this clinic" - Clinic participant, Cincinnati, OH

Come be part of a ground-breaking coaches' training program offered only by US Lacrosse for its members. Learn the art of effective lacrosse coaching with this nationally recognized program designed by experts in the lacrosse coaching field. This program brings the material in the Level 1 Online Course to life through hands-on experiences facilitated by outstanding US Lacrosse certified trainers and is targeted at coaches of beginning players of any age.

Where: John Carroll Catholic High School, Birmingham, AL 35223

When: Saturday, November 17, 2007 9:00AM – 4:00PM (check in begins 30 min. prior to start)

Who: Current or aspiring boys' and girls' coaches

COST: With prior completion of the Level 1 Online Course, participants receive a special discount rate of \$55 for the clinic. All other clinic registration is \$70 for current members of US Lacrosse. Late registration (starts 1 week before clinic) is \$85.

To benefit from the full Level 1 experience, US Lacrosse **strongly** recommends advance completion* of the Level 1 Online Course for all clinic participants.

BY ATTENDING A LEVEL 1 CLINIC YOU RECEIVE:

- The Level 1 Workbook, available ONLY at US Lacrosse CEP Level 1 Clinics; includes skill breakdown, error detection and correction, drills and activities
- US Lacrosse goodie bag
- US Lacrosse issued Certificate of Attendance
- Personalized, practical instruction from a certified US Lacrosse trainer
- Tips, tricks, and ideas to enhance your coaching now and for years to come
- Completion of the Level 1 Clinic applies toward Level 1 certification.

"I have 30 years of lacrosse exposure and I still learned many things today." - Clinic participant, Portage, MI.



DON'T MISS OUT! REGISTER TODAY.

- Registration for clinics is exclusively online at <http://www.uslacrosse.org/cep/fall07/winter08clinics.phtml>. On site registration is not usually available.

This clinic is hosted by the Alabama/Mississippi Chapter of US Lacrosse. For inquiries specific to this site, e-mail mgoska55@charter.net.

**To be recognized as having "completed" the online course, you MUST have passed the course post-assessment quiz with 80% correct answers.*