



Becoming a Coaches' Education Program Level 1 Trainer

Summary-From Application to Certification

Download all trainer documents at www.uslacrosse.org/cep/trainers

Level 1 Trainer Job Description-

A Level 1 trainer facilitates the Coaches' Education Program (CEP) Level 1 Instructional Clinics, which are nationally scheduled. Trainers are assigned from the national office based on the schedule for that clinic season. These clinics are part of the CEP Level 1 curriculum, which is part of the only standardized coaches' training program in the country. Level 1 also includes an online course component. Trainers are expected to maintain the integrity of the curriculum and the program by holding to the clinic objectives, method, and content when conducting these clinics.

Level 1 Trainer Baseline Qualifications for Application to be Considered-

- Committed to representing US Lacrosse and upholding its mission and vision and the mission and vision of the Coaches' Education Program in role of trainer
- Current member of US Lacrosse, maintains active membership throughout duration as active trainer
- At least three years of coaching experience
- Has coached or currently coaches *beginning* players
- Can demonstrate basic lacrosse skills
- Is available to conduct at least two clinics, one in home region and one outside of region, in calendar year from August of training year until August of following year with blackouts during primary lacrosse season (weekend hours will be required).
- Public speaking or teaching experience is desirable
- Previous playing experience also desirable

Level 1 Trainer General Training Description-

All of the CEP Level 1 trainers are rigorously trained in the Level 1 curriculum, are PCA Double-Goal Coach certified, and are regularly evaluated on their performance to maintain the quality of the program. Level 1 trainers are selected for their extensive knowledge of the game, teaching ability, knowledge of the needs of beginning players, and passion for training coaches. CEP trainers currently include former National Team players, Division I, II and III collegiate coaches, and outstanding youth coaches from over 20 different states representing all regions of the United States.

Trainers will be subject to a comprehensive background check and have specific guidelines they must follow in order to maintain their status.

The number of trainers accepted into the program is finite in number. US Lacrosse is seeking only the best, most outstanding individuals from all regions of the US for these positions.

Become a Level 1 Trainer-

If you are interested in becoming a Level 1 trainer, there are several steps you must complete:

1. Submit an Application for Review:

- Download and complete a [Trainer Application and Recommendation Form](http://www.uslacrosse.org/cep/trainers) from www.uslacrosse.org/cep/trainers

- Submit application, recommendation form, and general resume (does not need to be lacrosse-specific) to trainers@uslacrosse.org
- Upon receipt of these three documents, you will then be placed on mailing list for consideration for future Train the Trainer Seminars, and your application will be ready for review.
- Applications will be reviewed by the Coaches' Education Committee when selection process begins for next seminars.

2. Fulfill Train the Trainer Seminar Prerequisites

To be considered for attendance to a Train the Trainer Seminar, you must:

- Be a current member of US Lacrosse
- Register for and pass the Level 1 Online Course
- Become Double-Goal coach certified by completing, at the minimum, the PCA Double Goal Coach 1 workshop (see www.positivecoach.org for more information). A copy of your certification must then be sent to the Sport Development Department.
- Attend a Level 1 Instructional Clinic to observe.

Upon completing items 1 and 2 above, the following steps will then occur:

- 3. Be selected as a trainer candidate**
- 4. Attend and successfully complete a Train the Trainer Seminar**
- 5. Begin your certification process**

Note: *2006 Train the Trainer Seminar dates have not been determined at this time.*