

2010 WOMEN'S COACHES SCHEDULE
as of 11.13.09

Thursday, January 14						
Time	Level	Room	Name	Organization	Presentation Title 1	
5:00 pm - 9:00 pm	All		Convention Registration		CONVENTION REGISTRATION	
Friday, January 15						
Time	Level	Room	Name	Organization	Presentation Title 1	
8:00 am - 10:00 am	Pre-Reg		CPR Anytime		CPR Training	
8:00 am - 6:00 pm	All		Convention Registration		CONVENTION REGISTRATION	
10:00 am - 11:00 am	All	Live Field	Kelly Berger	UMBC Womens Lacrosse	Shoot to Score	
10:00 am - 11:00 am	I		Katie Rau	Missouri Baptist University	Ten Mistakes of Beginner Coaches	
10:00 am - 11:00 am	II		Mallory Poole	Stevens	Stick Skills 101	
10:00 am - 11:00 am	III		Frank Rogers	Aquinas College	Playing Defense in the Midfield	
11:30 am - 12:30 pm	All	Demo Field	Brenda Shaeffer, PT, DPT	Advantage Physical Therapy	Stop losing players to injury!	
11:30 am - 12:30 pm	I		Robert Berkenblit	Briarcliff Manor Youth Lacrosse	How to Prepare a Youth Lacrosse Player for Playing Goalie	
11:30 am - 12:30 pm	I		Anne Murphy	Wyoming (Ohio) High School	Now What? Beginner Coaching after the basic skills.	
11:30 am - 12:30 pm	II		Jen Baker	Cape Henry Collegiate School	Finding the Physical & Mental Edge	
11:30 am - 12:30 pm	II		Danie Caro	Quinnipiac University	Instituting a Basic Defensive System	
11:30 am - 12:30 pm	III		Dominic Sessa	Dominic Sessa Sports Performance	Keys to Nutrition & Lifestyle	
11:30 am - 12:30 pm	III		Bonnie Rosen	Temple University	Creating Your Own Offensive Plays	
12:30 pm - 2:00 pm	All		Reed Jackson		Coaching for Winning & Life Lessons (DGC1)	
1:00 pm - 2:00 pm	All	Demo Field	Ryan Morrissey	Peak Performance and Wellness, LLC	Lacrosse Specific Performance Training with a Small Budget	
1:00 pm - 2:00 pm	All	Live Field	Chris Sailer	Princeton University	Teaching Safe, Legal and Effective Defense	
1:00 pm - 2:00 pm	I		Jenni Lorsung	Youth Lacrosse of Minnesota, non-profit	LAX LITES -- Bringing fun to the youngest members of your lacrosse program	
1:00 pm - 2:00 pm	I		Abby Burbank	Skidmore College	TBD	
1:00 pm - 2:00 pm	II		Katherine Kerr	Bridgewater College	Winning the Ground Ball Battle: basics, drills, and fancy tricks	
1:00 pm - 2:00 pm	II		Bo Hanson	Athlete Assessments	How to Create an "Engaging" Training Environment and Structure	
1:00 pm - 2:00 pm	III		Paul McCord	LaxManiax Elite/MCC Sports, Inc.	Creating Dominating, Athletic Defenders	
1:00 pm - 2:00 pm	III		Gina Oliver	Duquesne University	TBD	
2:00 pm - 3:30 pm	All		LUNCH BREAK		LUNCH BREAK	
3:30 pm - 4:30 pm	All	Demo Field	Christoper Nentarz	Kinetic Performance	Dynamic warm-up: Advances in Movement Preparation	
3:30 pm - 4:30 pm	All	Live Field	US Team (WOMEN) Defence		Women's US Team Defense Demo	
3:30 pm - 4:30 pm	I		Kristine Wollam, M.A.	Northern California Junior Lacrosse Association (NCJLA)	Sport Enjoyment & Lacrosse Development	
3:30 pm - 4:30 pm	I		Kate Dresher	Colorado Girls Lacrosse Assoc.	LAX 101	
3:30 pm - 4:30 pm	II		Matt Stack	Connecticut Lacrosse Foundation	Pre-Season Lacrosse Training	
3:30 pm - 4:30 pm	II		Randall Polito	US Lacrosse Orlando, FHSAA	Maximize your Reps...10 drills with minimum downtime maximum results!	
3:30 pm - 4:30 pm	III		Liz Grote	Bowdoin College	Clearing and redefending the clear	
5:00 pm - 6:00 pm	All	Demo Field	Rashad Devoe	Devoe Human Performance	Movement Based Games	
5:00 pm - 6:00 pm	All		TBD		TBD	
6:30 pm - 8:00 pm	All		Lou Holtz	ESPN analyst/Former Notre Dame Coach	Keynote Speaker	
8:00 pm - 11:00 pm	All		Women's Social		Women's Social	
Saturday, January 16						
Time	Level	Room	Name	Organization	Presentation Title 1	
7:00 am - Noon	All		Convention Registration		CONVENTION REGISTRATION	
7:30 am - 9:00 am	All		Youth Awards Breakfast		Youth Awards Breakfast	
8:00 am - 9:00 am	All		Pat Dillon	US Lacrosse; NCAA	NCAA - New Rules and Points of Emphasis for 2010	
9:15 am - 10:15 am	All		Pat Dillon	US Lacrosse; NCAA	US Lacrosse - New Rules and Points of Emphasis for 2010	
10:30 am - 11:30 am	All		Sue Diffenderffer	Greater Baltimore Chapter/Harford Co.	To check or not to check	
10:30 am - 11:30 am	All	Demo Field	Amy Altig	Princeton University	Goal Keeping Frequently Asked Questions and Solutions	
10:30 am - 11:30 am	I		Bo Hanson	Athlete Assessments	How to Be an Athlete Centred Coach	
10:30 am - 11:30 am	II		Elizabeth Robertshaw	Boston University	Simplify Your Attack to Maximize Production	
10:30 am - 11:30 am	II		Wendy Stone	US Lacrosse Women's National Elite Team		
10:30 am - 11:30 am	III		Michael Daly	Longwood University	Small Games and Skills	
12:00 pm - 1:00 pm	All		Jamie Clarke	University of New Hampshire	TBD	
12:00 pm - 1:00 pm	All	Live Field	Michael Migliorisi	Live Out There	Expedition Champion	
12:00 pm - 1:00 pm	All		Michael Migliorisi	Georgian Court University and 2010 USA International	A Zone Defense That Works	
12:00 pm - 1:00 pm	I		Billy Corbett	Team 180 Lacrosse	Fit Kid's- What works and what doesn't?(Youth conditioning)	
12:00 pm - 1:00 pm	I		Frank Rogers	Owner-RetroFIT Performance Training Center		
12:00 pm - 1:00 pm	I		Frank Rogers	Aquinas College	Effective Practice Planning	
12:00 pm - 1:00 pm	II		Adam Norton	C4 Lacrosse	Creating an Elite Goaltender: a focus on effective Positioning & Psychology	
12:00 pm - 1:00 pm	III		Jenny Levy	University of North Carolina	Game situations and strategy	
1:00 pm - 2:30 pm	All		Reed Jackson	Positive Coaching Alliance	Coaching for Winning & Life Lessons (DGC1)	
1:00 pm - 2:30 pm	All		LUNCH BREAK		LUNCH BREAK	
2:30 pm - 3:30 pm	All	Demo Field	Paul McCord	LaxManiax Elite/MCC Sports, Inc.	Creating Dominating, Athletic Defenders	
2:30 pm - 3:30 pm	All	Live Field	US TEAM (WOMEN) Attack		Women's US Team Attack Demo	
2:30 pm - 3:30 pm	I		Kristine Wollam, M.A.	Northern California Junior Lacrosse Association (NCJLA)	Developing Your Coaching Philosophy	
2:30 pm - 3:30 pm	I		Mary Jo Corsetti		TBD	
2:30 pm - 3:30 pm	II		Mike Tully	Total Game Plan	Building Mental Skills in Practice	
2:30 pm - 3:30 pm	II		Christoper Nentarz	Kinetic Performance	ACL Injury Prevention for Lacrosse	
2:30 pm - 3:30 pm	III		Phil Barnes	University of North Carolina	Effective Practice Drills	
4:00 pm - 5:00 pm	I		Brian Southern	Center Grove Lacrosse	Growing Your Lacrosse Program	
4:00 pm - 5:00 pm	I		Sean Murphy	Trilogy Lacrosse	Clearing made (really, really) easy	
4:00 pm - 5:00 pm	II		Danie Caro	Quinnipiac University	Making Parents Your Allies	
4:00 pm - 5:00 pm	III		Mindy McCord	Jacksonville University	Team Building-Proven Insights and Activities that Create Championship Teams	
4:00 pm - 5:00 pm	III		Denise Wescott	Monmouth University	transition drills	
4:00 pm - 5:00 pm	Y/L		Steve Stenersen/Tucker White	US Lacrosse	Mars Coaching Venus: The challenges and responsibilities of men coaching girl's lacrosse	
5:30 pm - 6:30 pm	All		Positive Coaching Alliance	Positive Coaching Alliance	Leading Your Organization	
5:30 pm - 6:30 pm	I		Chuck Jaffe	BullsEye Lacrosse	Five concepts that will forever change your youth program (and make your players better)	
5:30 pm - 6:30 pm	II		Celine Cunningham	Stevens	"Talk the Talk"	
5:30 pm - 6:30 pm	III		Mark Michele	East Rochester	In The Zone - How to effectively attack Zone defenses.	
5:30 pm - 6:30 pm	III		Shelley Klaes-Bawcombe	James Madison University	Crease Offense: Understanding how to use Shooting Space to your advantage	
7:00 pm - 8:00 pm	All	Demo Field	Michael Molster	Johns Hopkins University Women's Lacrosse Team	Creating the Athletic Goalie and Correcting Errors in a Goalie's Technique	
7:00 pm - 8:00 pm	All		Jen Adams	Loyola University Maryland	Dynamic Dodges, Sharp Shooters, Controlled Centers	