

**2009 US LACROSSE NATIONAL CONVENTION
WOMEN'S COACHES SCHEDULE**

Thursday, January 15, 2009

Time	Location	Room	Level	Presenter	Organization	Co-Presenter	Topic
10:00 am - 5:00 pm	BCC	301/303/Live Field		CEP Level II			CEP Level II
4:00 pm - 8:00 pm	BCC	Charles St. Lobby			CONVENTION REGISTRATION		CONVENTION REGISTRATION

Friday, January 16, 2009

Time	Location	Room	Level	Presenter	Organization	Co-Presenter	Topic
7:30 am - 2:30 pm	BCC	301/303/Live Field	Ticket	CEP Level I Clinic			CEP Level I Clinic
10:00 am - 9:00 pm	BCC	Charles St. Lobby	ALL		CONVENTION REGISTRATION		CONVENTION REGISTRATION
12:00 pm - 2:00 pm	BCC	309	Ticket	Janine Tucker	Johns Hopkins		Welcome to the Big Leagues - Getting Coaches and Officials on the Same Team
2:30 pm - 3:30 pm	BCC	321	I	Katie Rau	Missouri Baptist University		Shooting Skills & Drills
2:30 pm - 3:30 pm	BCC	327	I	Joe Paone	Staten Island Academy	Mike Bowler	Conducting a Good Practice
2:30 pm - 3:30 pm	BCC	328	I	Kate Dresher	Executive Director of CGLA	Tammy Heffron	Lax 101: An Overview of the Women's Game
2:30 pm - 3:30 pm	BCC	307	II	Abby Burbank	Skidmore College		Teaching the Fundamentals and Making it Fun
4:00 pm - 5:00 pm	BCC	318	PA	William Hayes	Terrace Park Revreation Committee Marimont Public District	Dan Utt	Moving From Coaching Youth Boys to Youth Girls: Lessons learned from a Different Type of Mid-Life Crisis
4:00 pm - 5:00 pm	BCC	328	I	Nicholle Depaz	George C. Marshall High School		5 Ways to Quickly Develop Players New to Lacrosse
4:00 pm - 5:00 pm	BCC	327	II	Tara Buecker	North Harford High School (Baltimore, MD)		Basic X's and O's for Offense and Defense
4:00 pm - 5:00 pm	BCC	314	II/III	Carol Cantele	Gettysburg University	Barb Jordan	Extreme Makeover
4:00 pm - 5:30 pm	BCC	321	Ticket	Jeff Manadak			CPR
5:30 pm - 6:30 pm	BCC	Live Field	ALL	Jo Mooney	Johns Hopkins	Jen Kasper, Scott Biron JHU Team	Drills, Skills & Tactics to Jump Start Your Season
5:30 pm - 6:30 pm	BCC	337	PA	Glenn Namian	Head Officials Assigner/ Ohio Schoolgirls Lacrosse Association		Can Technology Keep Your Referees, Coaches and Fans Happy?
7:00 pm - 8:00 pm	BCC	Ballroom	ALL	Cal Ripken, Jr.			Keynote Speaker

Saturday, January 17, 2009

Time	Location	Room	Level	Presenter	Organization	Co-Presenter	Topic
6:30 am - 4:00 pm	BCC	Charles St. Lobby	ALL		CONVENTION REGISTRATION		CONVENTION REGISTRATION
	BCC	327	Ticket	Youth Excellence Awards Breakfast			Youth Excellence Awards Breakfast
8:00 am - 9:00 am	BCC	Live Field	ALL	Jen Adams	Loyola College	Dana Dobbie	Stick Skills and Shooting
8:00 am - 9:00 am	BCC	324	PA	Scott Hugdahl Andrew Fletcher Brian Southern	Director - Eden Prairie Youth Lacrosse President Mountain Lacrosse League Center Grove High School Girls Lacrosse		Panel Discussion: How To Start A Lacrosse Program
8:00 am - 9:00 am	BCC	336	II	Sarah Aschenbach	WD High School All American Chair		High School All American
8:00 am - 9:00 am	BCC	Ballroom	III	Pat Dillon	Secretary/Rules Editor	Kim Basner	NCAA-New Rules and Points of Emphasis for 2009
9:30 am - 10:30 am	BCC	Ballroom	ALL	Pat Dillon	Rules Committee Chair	Ericka Leslie	US Lacrosse-New Rules and Points of Emphasis for 2009
9:30 am - 10:30 am	BCC	324	ALL	Reid Jackson	Positive Coaching Alliance		Double Goal Coach Part II
11:00 am - 12:00 pm	BCC	329	ALL	Lori Windolf Crispo	Bollinger Insurance		Lawsuit Protection: Insurance and Risk Management for Teams & Leagues
11:00 am - 12:00 pm	BCC	337	I	Janet Holdsworth	University of Minnesota	Anne Moelk	Winning for Life: Developing Leadership in your Lacrosse Players - Part I
11:00 am - 12:00 pm	BCC	Demo Field	I	Michael Molster	South River High School		Teaching a goalie to defend against the crease role and other crease shots
11:00 am - 12:00 pm	BCC	336	ALL	Richard D. Ginsburg, Ph.D.	Sports Science & Safety Committee		Sport Specialization And High School Athletics
11:00 am - 12:00 pm	BCC	324	I/PA	Missy Ackerman	Merestead Sports Camps/ Longwood University		Lining a Lacrosse Field: It's Not as Hard as You Think
11:00 am - 12:00 pm	BCC	321	II	Allison Evans	The College of William and Mary	Ashley Coll	Tips for Successful Dodging
11:00 am - 12:00 pm	BCC	307	II / III	Angela McMahon	University of Connecticut		Building a Team Offense
11:00 am - 12:00 pm	BCC	Live Field	II / III	Denise Wescott	Mount St. Mary's University		Common Mistakes For HS Goalie
11:00 am - 12:00 pm	BCC	310	III	Patty Daley	National Umpire/ Howard/Carroll County Umpire Board	Jenny Levy (University of North Carolina)	Shooting Space and Three Seconds
12:30 pm - 1:30 pm	BCC	328	I	Judith Anderson	Ursuline Academy		Creating And Utilizing Space And Drills To Teach It
12:30 pm - 1:30 pm	BCC	329	I	Kim Lenta	US Lacrosse Youth Council		How to Run an Effective "Rec" Fall Ball Program
12:30 pm - 1:30 pm	BCC	318	II	Mindy McCord	Jacksonville University	Paul McCord	No Longer "Non-Traditional": Taking Lacrosse to the Mainstream in Two Years
12:30 pm - 1:30 pm	BCC	324	II	Kathy Kerr	Bridgewater College		Defense for the Everyman (Woman): Basic Skills and Strategies to Empower the Beginner Defender

12:30 pm - 1:30 pm	BCC	Demo Field	III	Adam Norton	C4 Lacrosse		C4 Goalie Training: All good shots must come to an end
12:30 pm - 1:30 pm	BCC	307	III	Bonnie Rosen	Temple University		Creating a Midfield Defensive Plan

Saturday, January 17, 2009

Time	Location	Room	Level	Presenter	Organization	Co-Presenter	Topic
12:30 pm - 1:30 pm	BCC	327	III	Chris Nentarz	Athlete's Performance		Super Conditioning for Lacrosse- Beyond distance running
2:00 pm - 3:00 pm	BCC	327	I	Janet Holdsworth	University of Minnesota	Anne Moelk	Winning for Life: Developing Leadership in your Lacrosse Players - Part II
2:00 pm - 3:00 pm	BCC	329	I	Kristen Stone	Loyola College '08/All American	Wendy Stone	Basic Principles Of Defense
2:00 pm - 3:00 pm	BCC	307	II	Muffie Bliss	McDaniel College		Drills, Drills, & More Drills
2:00 pm - 3:00 pm	BCC	321	II	Michael Migliorsi	Georgetown University		A Zone Defense That Works
2:00 pm - 3:00 pm	BCC	Live Field	ALL	Ricky Fried	Georgetown University		Defense From The Individual To The Team
3:30 pm - 4:30 pm	BCC	343	I	Mary Bartel	Notre Dame Preparatory School		Basic Skills Building a Transition Attack
3:30 pm - 4:30 pm	BCC	307	I	Kristyn Porcella	John Carroll School High School/ TOP of the BAY Sports		Defense
3:30 pm - 4:30 pm	BCC	336	I	Nicole Moore	Temple University		Smart Sharing- Transferring of Drills from Other Sports to Lacrosse For Youth Coaches
3:30 pm - 4:30 pm	BCC	314	II	Kateri Linville	University of Notre Dame		A WOW DRILL!
3:30 pm - 4:30 pm	BCC	328	II	Julia McPhee	Wellesley College		Be a Threat: Basic 7v7 Attacking Principles
3:30 pm - 4:30 pm	BCC	329	II	Paul McCord	MCC Sports, Inc.	Sarah Gallion Matt Ragland	10-things that will help Laxers and Officials Become Better Athletes
3:30 pm - 4:30 pm	BCC	327	II	Jen Dragoni	York College of PA		Competitive Drills and Practice Plan Strategy
3:30 pm - 4:30 pm	BCC	309	III	Phil Barnes	University of North Carolina		Let's Do Offense
3:30 pm - 4:30 pm	BCC	342	III	Julia Duffy	Ohio Wesleyan University		Coaching Injured Athletes
5:00 pm - 6:00 pm	BCC	Demo Field	I	Abby Burbank	Skidmore College		Teaching the Fundamentals and Making it Fun
5:00 pm - 6:00 pm	BCC	309	I	Reagan Raneri	Roland Park Country School (Baltimore, MD)	Kristin Nicolini	X's and O's
5:00 pm - 6:00 pm	BCC	314	II	Shelly Klaes-Bawcombe	James Madison University		Attack
5:00 pm - 6:00 pm	BCC	329	II	Sean Murphy	College of Mount St. Joseph	Anne Murphy	Identifying, Isolating & Correcting Goaltending Problems
5:00 pm - 6:00 pm	BCC	343	II/III	Dennis Short	Rollins College	Tom Kienle	A Systematic Approach to Stickwork Development
5:00 pm - 6:00 pm	BCC	307	II/III	Quinn Carney	University of Maryland	Cathy Reese	Defense
5:00 pm - 6:00 pm	BCC	Ballroom	III	Pat Dillon	US Lacrosse Committee chair	Danie Caro (Quinnipiac University)	Game is Decided By the Goal: Umpiring and Coaching the Crease
5:00 pm - 6:00 pm	BCC	339	III	Frank Rogers	Aquinas College		Coaching at the College Club Level, Planning and Executing
6:00 pm - 6:30 pm	BCC	National Teams Booth	ALL	US Women's Team			US Women's Team Autograph Signing
6:30 pm - 7:30 pm	BCC	Live Field	ALL	Wendy Kridel	Bryn Mawr HS/ Former US U-19 Women's Team	Krystin Porcella	Less is More, Attacking Around the 8
7:30 pm - 8:30 pm	BCC	Live Field	ALL	Sue Heether	US Women's Team		Women's National Team Demonstration
9:00 pm - 11:00 pm		Mothers	ALL	Women's Coaches Social			Women's Coaches Social

Sunday, January 18, 2009

Time	Location	Room	Level	Presenter	Organization	Co-Presenter	Topic
8:00 am - 10:00 am	BCC	324	ALL	Reid Jackson	Positive Coaching Alliance		Double Goal Coach Part I
9:00 am - 11:00 am	BCC	307	Ticket	Recruiting Panel (Breakfast)			Danie Caro (Quinnipiac University) Cathy Reese (UofMD) Muffie Bliss (McDaniel College) Dennis Short (Rollins College) Krystin Porcella (John Carroll School HS) PJ Kesmodel (Hero's Tournament Lacrosse Club)
9:00 am - 10:00 am	BCC	318	I-II/PA	Jen Dragoni	York College of PA	Tara Buecker	How To Run A Youth Camp/Clinic
10:30 am - 11:30 am	BCC	324	PA	Michael McCue	US Lacrosse Youth Council /Haslett Lacrosse Club		Now that I Have 'em, How do I keep 'em?: Recruiting and Retention in Youth Lacrosse

Legend:

I = Level I (Youth) PA = Program Administrators
 II = Level II (HS) Ticket = Additional Purchase
 III = Level III (College)