



October 11, 2005

Dear Potential 2006 National Clinic Site/Host Coordinator:

US Lacrosse is excited to announce the schedule for the 2005-06 Women's Division National Clinic Program. The National Clinics are organized by US Lacrosse, hosted by regional representatives, supported by local US Lacrosse Chapters and run by the US Women's National Team. Last year, 13 National clinics were hosted across the country and thousands of young women were able to benefit from these unique educational opportunities. If you think that your lacrosse community would be interested in bringing this one-of-a-kind educational clinic to girls in your area, we urge you to consider applying to host a National Clinic in 2006.

The National Clinic is an excellent opportunity for girl's youth and high school players to learn from the best players in the United States. Since 1992, the goal of the National Clinic has been to foster the growth and development of women's lacrosse throughout the country. The dedicated elite athletes of our National Team Program accomplish this goal each year.

The National Clinics will be held during the course of three weekends this winter: January 21-22 and February 4-5 and 11-12. The clinics typically run from 9:00 a.m. – 3:00 p.m. on either Saturday or Sunday. All clinics must be held in conjunction with your local chapter, so please contact them before you fill out any of the attached paperwork – or visit [www.uslacrosse.org/chapters/index.phtml](http://www.uslacrosse.org/chapters/index.phtml) for Chapter contact information. US Lacrosse Chapters can help your clinic bring in new participants, generate volunteers and may be able to provide additional resources (i.e. food, water, trainer).

You can make it possible for USA Developmental and Elite Team players to continue to have the resources to compete and train by becoming a host for the National Clinic. Proceeds from this event enable US Lacrosse to provide the necessary funding for practice and exhibition games; aspects that benefit both the National Team program and women's lacrosse as a whole. This year US Lacrosse will charge \$35 per participant and each must be a current member of US Lacrosse. Of this money, \$10 will go directly back to the host chapter.

In addition to the National Team Clinics, the Intercollegiate Women's Lacrosse Coaches Association (IWLCA) would also like to extend an opportunity for you to host a coach's clinic, in conjunction with the National Clinic during the February clinic dates only. The clinicians for the coach's clinic will be current collegiate coaches, assigned by the IWLCA. If you would like more information about hosting this type of clinic, please contact Jenn Harpel, Executive Director, via email at [jharpel@iwlca.org](mailto:jharpel@iwlca.org) or via phone at 302.249.9668.

If you are interested in hosting a National Clinic or perhaps taking advantage of our additional option of a Coaches clinic, please review the Procedures and Guidelines and return the Site Application by NOVEMBER 5. All applications will be reviewed and notification of the selected sites will occur on or about November 18, 2005.

Thank you for your interest and support. I look forward to working with you.

Best Regards,

Ann Kitt Carpenetti  
Women's Division Director  
[acarpenetti@uslacrosse.org](mailto:acarpenetti@uslacrosse.org)  
410.235.6882, ext 143

Stacie Wentz  
Women's Division Associate  
[swentz@uslacrosse.org](mailto:swentz@uslacrosse.org)  
410.235.6882 ext, 143



## 2006 National Clinic Procedures and Guidelines

*(These procedures are REQUIRED of the site coordinator)*

### CLINIC PREPARATION

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- Identify clinic site and complete Site Application by Friday, November 5 - mail or fax (410-366-6735)
- Promote and coordinate player sign up through local high schools and colleges. A minimum requirement of **50 REGISTERED** participants will be requested 30 days prior to the clinic.
- US Lacrosse will send between three and five national team players (*depending on the # of participants*) to each site (*The ultimate player/coach ratio is 12/1*)
- Provide travel information to US Lacrosse including the local airport, hotels, train and bus stations and driving directions.
- Inventory local equipment (*goals, cones, pinnies, rolls of tape to mark lines, water coolers, etc...*)
- Act as a liaison between US Lacrosse and the site.
- Keep record of all National Clinic applicants and US Lacrosse membership forms with payment\*  
\*\*\* (a spread sheet with names, addresses, membership numbers and accurate payment records must be submitted to US Lacrosse)
- Arrange for a certified athletic trainer to be on site for the clinic (*US Lacrosse will pay a maximum of \$50.00 for the trainer*)
- Arrange the transportation of the US Team players coming by plane, train or bus to the clinic site and their accommodations.
- Send confirmation notices with directions to each participant who sends in an application
  - US Lacrosse will try to send at least three national team players to each site – local coaches should assist with instruction.

#### **IF A COACHES CLINIC IS ALSO PLANNED:**

- Keep record of all Coaches Clinic applicants and their payment (keep separate from the National Clinic participants)
- Arrange for a classroom type setting for the Coaches Clinic.
- Promote the Coaches Clinic to local HS and Youth coaches.
- Work with assigned Coach Clinician to make travel and accommodation arrangements.

***FREQUENT EMAIL COMMUNICATION WITH THE US LACROSSE WOMEN'S DIVISION DIRECTOR IS IMPERATIVE.***

### THE DAY OF CLINIC

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- Hang signs at the facility entrance, clinic registration and training facilities
- Set up the registration table one hour prior to clinic, Check-in clinic participants (walk-ups will not be accepted).
- Distribute promotional materials at check-in (t-shirt, ball etc.)
- Set up water coolers and cups on field/gymnasium.
- Make sure fields are lined and girls are divided into groups by lacrosse experience and position.
- Introduce the volunteer committee, staff and clinicians.
- Have clinicians and participants complete evaluation forms at the end of the clinic.
- Responsible for maintaining the integrity of the sponsor at the event (**No other vendors should be advertising or selling any of the competitor's products**)

#### **IF A COACHES CLINIC IS ALSO PLANNED:**

- Assist the assigned coach clinician with room set up (if required)
- Check-in Coaches Clinic participants and direct them to their classroom.



**2006 National Clinic Host Site Application**

**FAX or MAIL THIS APPLICATION TO 410-366-6735 BY  
Friday, NOVEMBER 5, 2005**

If you have any questions, please contact Stacie Wentz, Women's Division Associate  
US Lacrosse, 113 West University Pkwy, Baltimore, MD 21210,  
410-235-6882 x143 (p) [swentz@uslacrosse.org](mailto:swentz@uslacrosse.org)

Location for Clinic (SITE NAME): \_\_\_\_\_  
Name of Clinic Coordinator (CC) : \_\_\_\_\_  
E-mail Address of CC: \_\_\_\_\_ Day Ph #: \_\_\_\_\_ Fax #: \_\_\_\_\_  
Site Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Contact number for clinic participants to use for information: \_\_\_\_\_  
Regional US Lacrosse Chapter Co-Hosting Clinic \_\_\_\_\_  
Contact Name for Chapter Contact \_\_\_\_\_

**PAPERWORK MAILING ADDRESS:**

NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
FAX: \_\_\_\_\_ PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_  
**MOST OF THE COMMUNICATION FROM US LACROSSE WILL OCCUR VIA EMAIL.**

**GENERAL INFORMATION**

1. Dates available for the Clinic (please chose from the dates listed below)

	Sat	Sun
JANUARY	21st	22nd
FEBRUARY	4th 11 <sup>th</sup>	5 <sup>th</sup> 12 <sup>th</sup>

2. Do you want to host a Coaches Clinic in conjunction with the Players clinic?    Yes    No  
Coordinators Name: \_\_\_\_\_

3. Will your clinic be held indoors or outside? \_\_\_\_\_

\*\*\*\* It is highly recommended that you secure an indoor facility if your clinic is to take place in an area prone to bad or cold weather during the months of January/February.

4. **\*\*It is critical that there be adequate room for the clinicians to set up stations and play small games. Please indicate the number of participants you are expecting to have and can fit in your facility (Try to be accurate in your estimation)** \_\_\_\_\_

5. Number of Fields available? \_\_\_\_\_  
Closest airport \_\_\_\_\_ Train Station? \_\_\_\_\_  
Bus Station \_\_\_\_\_ Nearby Hotels \_\_\_\_\_

6. Is a classroom available for the Coaches Clinic? Yes No

7. IS a TV & VCR available? Yes No

8. Do you have required equipment? Yes No  
(cones, pinnies, rolls of tape, water coolers etc...)

9. Have you hosted a National Clinic before? Yes No

10. If you did host a clinic before, how would you rate the experience overall?  
\_\_\_\_\_  
\_\_\_\_\_

11. Based on your participation and experience with previous clinics, please share your thoughts on how the National Clinic program can be improved upon.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please attach the following:

- 1.) typed directions to the site.
- 2.) names and phone numbers of local hotels.

Please note: US Lacrosse reserves the right to cancel a clinic due to low participation, lack of field space, weather, etc. In the event US Lacrosse cancels a clinic and it cannot be rescheduled, US Lacrosse will offer refunds to all registrants who request them.

**IF SELECTED TO BE A 2006 NATIONAL CLINIC HOST, YOU WILL RECEIVE A CONFIRMATION EMAIL ON OR ABOUT NOVEMBER 18<sup>TH</sup>. DETAILS REGARDING THE PROMOTION OF YOUR CLINIC WILL FOLLOW.**

**THE CLINIC APPLICATION WILL BE AVAILABLE AT [WWW.USLACROSSE.ORG](http://WWW.USLACROSSE.ORG) WHICH WILL ALLOW INTERESTED PARTICIPANTS TO REGISTER IMMEDIATELY AND TO CHECK CURRENT US LACROSSE MEMBERSHIP.**