



# 2004 USA PLAYER CAMP

## July 6<sup>th</sup> – 9<sup>th</sup> ♦ Goucher College

Conducted by the U.S. Women's National Team



### PLAYER APPLICATION

Deadline to submit: **MAY 27, 2004**

Name: \_\_\_\_\_ US Lacrosse Membership No. \_\_\_\_\_  
Expiration Date: \_\_\_\_\_

Email for camp correspondence: \_\_\_\_\_ (please print clearly)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Position: (circle most frequently played)    **A**            **A/M**            **D/M**            **D**            **GK**

Number of Years VARSITY HS Experience: \_\_\_\_\_ Number of Years of COLLEGE Experience: \_\_\_\_\_

High School You Play(ed) for: \_\_\_\_\_ College You Play(ed) for: \_\_\_\_\_

High School Coaches Name: \_\_\_\_\_ College Coaches Name: \_\_\_\_\_

Honors Received (please list the year):  
HS All American \_\_\_\_\_ College All American: \_\_\_\_\_

Selection to a Regional Team for the Women's Division National Tournament (please indicate year, region and team #):  
\_\_\_\_\_ Team #: \_\_\_\_\_

If you are currently in high school, please list the college programs currently recruiting you:  
\_\_\_\_\_  
\_\_\_\_\_

T-shirt Size (please circle):        **S**            **M**            **L**            **XL**

### IMPORTANT POINTS OF INFORMATION

- This form must be accompanied by a completed COACHES RECOMMENDATION form.
- There is a \$50.00 Application Fee. Upon acceptance to the camp, this fee will be deducted from your overall tuition (\$500).
- Application and Fee with the Coaches Recommendation Form should be mailed to:  
US Lacrosse ATTN: USA Player Camp, 113 W. University Parkway, Baltimore, MD 21210

## **THE USA PLAYER CAMP**

The USA Player Camp is an annual function of the U.S. Women's National Teams Program. The focus is to foster, encourage and identify outstanding high school and college players that aspire to ultimately become a USA Team player.

The elite camp features a limited enrollment and players are selected to attend by a committee based on their experience, honors and coaches recommendation.

At this camp, a player discovers what it takes to be the best player she can be. This camp has enabled hundreds of young women the opportunity over the years to learn from the sports premier players.

## **CAMP INFORMATION**

**DATES:** July 6-9, 2004  
**LOCATION:** Goucher College (Towson, MD)  
**TUITION:** \$450 (after \$50 application fee is deducted)  
**AGE:** Rising Juniors and Seniors in high school, current college players, and post college players who have been out of college no more than two years.  
**ENROLLMENT:** LIMITED. This camp is invitational and requires a completed application, application fee and coaches recommendation form. High School All Americans and collegiate players are encouraged to apply.  
**Camp attendees must also be current US Lacrosse members in order to attend.** Join on-line at [www.uslacrosse.org](http://www.uslacrosse.org)

### **CAMP HIGHLIGHTS**

- USA Reversible Jersey
- USA Player Camp t-shirt
- USA Player Camp Certification
- Warrior Lacrosse Product
- Coaching staff featuring World Cup, Elite & Developmental Players
- Specialized instruction
- The opportunity to play side by side and against the best players in the game!

**TRANSPORTATION:** A transportation service will be made available for those campers arriving by plane or train.

**TO APPLY:** Mail the APPLICATION, APPLICATION FEE, and COACHES RECOMMENDATION FORM prior to the deadline (May 27<sup>th</sup>) to:

**US Lacrosse**  
**Attn: USA PLAYER CAMP**  
**113 W. University Parkway**  
**Baltimore, MD 21210**

## **THE U.S. WOMEN'S NATIONAL TEAMS PROGRAM**

Since the first International Federation of Women's Lacrosse Associations World Cup Championships in 1982, the U.S. has dominated the international lacrosse scene. The U.S. has won five of the six World Cups played, most recently defeating Australia 14-7 in 2001 in High Wycombe, England.

The U.S. U-19 Team has equally dominated the international scene having captured the International Federation of Women's Lacrosse Associations World Championship title two out of three events. Most recently defeating Australia 21-8 in 2003 at Towson University in Towson, Maryland.

The U.S. has reached this level of excellence because of the quality and commitment of the players, and coaches and everyone else involved with the Women's National Teams Program. The USA Player Camp is another way that the U.S. is preparing for the future. This camp brings the best current players together with the best rising players to help the new generation of stars learn about the past, get the most out of the present and understand what might lie ahead.

### COMMENTS FROM PREVIOUS CAMP ATTENDEES

*"This was far and away the most challenging and rewarding camp I've ever been to"*

*"Great coaches, great drills. A wonderful opportunity to be exposed to amazing players"*

*"This is the best camp to go to if you want to work hard and learn from the best players"*

## **2005 WORLD CUP**

In 2005 the World Cup will be played on American soil for the first time in nearly two decades and the US will be aiming for its fifth straight Gold Medal. US Lacrosse will play host to the ten nations competing for the 2005 World Cup Championships. Those participating countries include: Australia, Canada, Czech Republic, England, Germany, Japan, New Zealand, Scotland, USA, and Wales.

During the summer of 2004, the US Elite Team will be in exhibition at the following locations prior to beginning the series of tryouts for the 2005 World Cup Team:

May 29 <sup>th</sup> (evening)	US Lacrosse Women's Division National Tournament Lehigh University
July 9, 10 & 11 <sup>th</sup>	Star Bangled Tournament vs. Team Canada Baldwinsville, NY

INFORMATION ABOUT THE WORLD CUP CHAMPIONSHPS INCLUDING LOCATION, TICKET PACKAGES AND OTHER ACTIVITIES WILL BE POSTED ON THE US Lacrosse WEB SITE LATER THIS YEAR.

WORLD CUP CHAMPIONSHIP DATES ARE: JUNE 23 – JULY 3, 2005

**COACHES RECOMMENDATION**

*This form is to be completed by the applicants coach*

The USA Player Camp encourages participation by top female lacrosse players. As the closest monitor for lacrosse skill development, we ask you, the coach, to evaluate your players' ability. Keep in mind this camp is very challenging and demanding and requires players to have exceptional basic skills already. Please rate each skill AND provide comments utilizing the scale below.

Coaches Signature: \_\_\_\_\_

**5 = excellent/mastered    4 = very strong    3 = competent    2 = an area to improve on**  
**FUNDAMENTALS**

Catching                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

Cradling                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_  
(incorporating rt. and lft. hand skill)

\_\_\_\_\_

Ground Balls                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

**OFFENSE**  
1 V 1 skill                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

Off-ball movement                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

Under Pressure                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

Use of Picks                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

**DEFENSE**  
Positioning                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

Communication                      rating: \_\_\_\_\_                      Comments: \_\_\_\_\_

\_\_\_\_\_

**COACHES RECOMMENDATION CONTINUED – PAGE 2**  
**DEFENSE CONTINUED**

Forcing Weak rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Double Teams rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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**SHOOTING**

Accuracy rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Variation rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Strength rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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**STICK CHECKING**

Control rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Timing rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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**GOALKEEPER EVALUATION**

Positioning rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Footwork rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Communication rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Agility rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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Clears rating: \_\_\_\_\_ Comments: \_\_\_\_\_

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