

# US Lacrosse & Positive Coaching Alliance NATIONAL CONVERSATION ON GOOD COACHING

CASE STUDY #9 | DECEMBER 2008

## TELEVISED TEACHABLE MOMENTS

### SITUATION

While watching sports on TV with your child, you see coverage of an incident, such as any of those listed in Positive Coaching Alliance's Bottom 10 Moments in Sports or Top 10 Moments in Sports ([www.positivecoach.org/bottom10.aspx](http://www.positivecoach.org/bottom10.aspx)). Realizing that this is a "teachable moment," how do you react?

### QUERY

- Which of our Top 10 or Bottom 10 Moments provide the best opportunity for a conversation with your child? Why?
- Using any of our Top 10 or Bottom 10 Moments as an example, what do you say to your child?
- Do you want your child's coach to discuss such incidents with your child? Why or why not?

### ACTION

- Distribute copies to parents at the next youth sports event you attend.
- Send it to friends involved in youth sports and ask their opinions.
- Share this case and discuss these questions with your child.
- Share your opinion at [www.positivecoach.org/CaseStudies.aspx](http://www.positivecoach.org/CaseStudies.aspx) or via e-mail to [casestudy@positivecoach.org](mailto:casestudy@positivecoach.org). PCA will publish all civil responses on our website.
- All case studies can also be accessed at [www.uslacrosse.org/programs](http://www.uslacrosse.org/programs).



[www.positivecoach.org](http://www.positivecoach.org)



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### About the National Conversation

US Lacrosse and Positive Coaching Alliance distribute Case Studies periodically to stimulate conversation among youth and high school sports parents, coaches and leaders about the elements of good (and bad) coaching. If you share our goal that youth athletes receive the best coaching available, help us get these case studies to people you know who are involved with youth sports. Thank you.