



**Women's Division Coaches Council-High School
2009 National Girls All-American
Pre-Nomination Form**

In order to pre-nominate a player for US Lacrosse All-American honors, the coach of the player must be a US Lacrosse High Schools Coaches Council Member prior to April 1, 2009. If your membership is not current, please log on to www.uslacrosse.org to join.

- ∞ Pre-nomination forms are due to the US Lacrosse Chapter All-America Chair from the high school varsity coach, by March 1 for Tier 1 "Early" Chapters, by April 1 for Tier 2 "Mid" Chapters, and by April 20 for Tier 3 "Late" Chapters. All tiers are listed below.
- ∞ No player can be considered for All-American honors if they are not pre-nominated.
- ∞ If a player does not fulfill her commitment to participate in the US Lacrosse Women's Division National Tournament, including participating in every scheduled game, the following penalties will be in effect: Players will not be allowed to be nominated or receive any US Lacrosse Honors (All American or Academic All American and All Star Game) and will not be allowed to participate in the US Lacrosse National Tournament for 1 year.
- ∞ For each Yellow Card that a player receives during the season, that player is assigned one "Penalty Point". For each Red Card, a player is assigned two "Penalty Points". Players who are nominated for either Academic All-American or All-American recognition must accumulate a total of penalty points that is less than or equal to 25% of the total number of games played during that season. Example: A girl plays in 20 games, she is allowed five points. Those points could come from five yellow cards or one red and three yellows. If another girl played in 24 games, she would be allowed six points, etc.

Coaches Name: _____	E-Mail: _____
School: _____	
US Lacrosse Membership Number: _____	Exp. Date: _____
Coaches Address: _____	
Date Submitted: _____	
Tier <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3	

Signature of Nominating Coach	Date

I would like to pre-nominate the following player(s) for 2009 US Lacrosse Girls' High School All-American honors:

	Last Name	First name	Graduation Year	Jersey Number	School Position
1					
2					
3					
4					
5					

*Final All-American nomination forms must be completed by **the high school varsity coach** in full and submitted to the US Lacrosse Chapter All-American Chair for those players that meet all the criteria for the honor.

*Final nomination forms are due by April 1 for Tier 1 "Early" Chapters, by May 20 for Tier 2 "Mid" Chapters and by May 20 for Tier 3 "Late" Chapters. ***List of Early, Mid and Late Chapters is on Page 2***

*****All Information submitted with this application is confidential and must not be discussed with anyone outside of the All-American Committee. No one outside of the All-American Committee is to know who has been nominated for this honor. Coaches are never to discuss All-American or Academic All-American Nominations with players or parents. Confidentiality is extremely important and does not expire!!**

**List of Early, Mid and Late Chapters for 2009 US Lacrosse Girl's High School
All-American Pre-nomination and Final Nomination Forms**

Tier 1 "Early" Chapters (Pre-nomination form due March 1; Final nomination April 1)

Alabama/ Mississippi
FL- Gulf Coast
North Carolina
TX – South Central Texas

Arizona
FL – South Florida
South Carolina

FL- Central/Orlando
Georgia
TX – North Texas

Tier 2 "Mid" Chapters (Pre-nomination form due April 1; Final nomination May 20)

CA – Greater Los Angeles
CA – San Diego PA
MD – Chesapeake
NJ – North
PA – Central
Potomac
VA – Hampton Roads

CA – Northern California
Delaware
MD – Greater Baltimore
NJ – South
PA – Eastern PA/Philadelphia
Tennessee
VA – Richmond

CA – Orange County
Delmarva
MD – Western Maryland
NY – Long Island/Metro
PA – Western PA/Pittsburgh
VA – Charlottesville

Tier 3 "Late" Chapters (Pre-nomination form due April 20; Final nomination May 20)

Colorado
Idaho
Kentucky
MA – Western
MO – St. Louis
NY – Greater Rochester
NY – Western
OH – Southern
Utah
Wisconsin

Connecticut
IL – Chicago
Maine
Michigan
New Hampshire
NY – Hudson Valley
Ohio
Oregon
Vermont

Hawaii
Indiana
MA – Eastern
Minnesota
NY – Adirondack
NY – Upstate
OH- North Coast
Rhode Island
Washington