



## 2018 Girl's Game Teachable Moment #2



### Are you seeing the Bigger Picture?

**Do you find yourself being drawn into the play and getting too close? A slight change in your positioning, left to right or closer or further from the play can open a clearer window to seeing between the players.**

#### For Example:

If you are too close to the play you limit your field of vision and your focus may be on just the ball carrier and one immediate defender. By doing this you take the "bigger picture" out of your view. You may see and call fouls directly in front of you but are you seeing play below the ball, are you seeing play developing laterally to the ball? Work to keep yourself outside the play, have your field of vision open and look to be in position to see between the players.

Expanding your field of vision will also give you the ability to see more of what is happening on the field.



**Seeing the game through a larger frame allows you to anticipate play.**

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