



2018 Girl's Game Teachable Moment #4- Attack Fouls

You hear it all the time, the defense yells "Crash!"

All of the defenders collapse in the 8 meter arc, swarming the attack player as she presses towards goal. It is important that we do not bail out the attack player, if she doesn't turn and get out of the arc.

She has two choices: pass to a teammate or roll out of the beehive. If she continues to press toward goal trying to maneuver past the collapsing defenders she can be called for a forcing through, charging or cradling in the sphere. Too frequently we fail to recognize that the defense is not creating the illegal contact and we blow the whistle and give the attack player a free position, often on a hash. Be in position to see between the attack player and the defenders. Look for the late extension of the defender's elbows or her legs extending beyond her shoulder's width-push, crosse check or trip. If this occurs simultaneously with a forcing through-offsetting fouls and alternate possession.

Watch that beehive and reward good defense.



See the game.

Be great!

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