



5 WAYS



YOU CAN PROVIDE

CREATIVE INCLUSIVE COACHING

1



PROVIDE CLEAR DIRECTION WITH ONE OR TWO STEPS AT A TIME
("first cradle the ball then shoot")



2

MAKE REASONABLE ACCOMMODATIONS
(to focus on someone's strengths)

3 USE A HIGHER RATIO OF PRAISE TO CORRECTIONS
(frame requests in the positive)



4

PARTNER PLAYERS WITH BUDDIES
(so no one is left out)

5



GIVE INSTRUCTION TO MEET DIFFERENT LEARNING STYLES
(visual, auditory, experiential)

These tips are provided to support players with differing abilities including disabilities. Most of what you might see or experience in your Lacrosse program could be hidden disabilities which are not necessarily visible.

Key traits a player may exhibit include:

- poor social or communication skills
- persistent need to know schedules
- difficulty transitioning
- impulsivity
- unable to focus
- overly sensitive to things in their environment

Simply: they experience the world around them differently than others may.

For more information or guidance on how to ensure that

Lacrosse Is A Game For ALL

USLACROSSE.ORG

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