



### ***Who is eligible for a Sportsmanship Matching grant?***

Non-profit lacrosse organizations that serve youth at the elementary, middle, junior high, and senior high school levels are all eligible. Local US Lacrosse chapters are also eligible to apply. US Lacrosse is placing emphasis to award grants to non-profit lacrosse organizations that have an established administrative infrastructure, and demonstrate the ability to uphold the financial commitment if awarded.

Eligibility Requirements for all grant applicants:

**1. Operate in the United States:** Grants are available to lacrosse programs located in the United States. Organizations based in the United States, but only offer programming abroad, are not eligible for a grant.

**2. Serve youth and high school kids:** Lacrosse programs at the elementary, middle, junior high and senior high school levels are all eligible. Collegiate and post-collegiate programs are not eligible to apply.

**3. Non-profit mission:** Organizations that have a "non-profit" mission, but simply have not completed the IRS application process yet, are eligible to apply and receive a grant. However, priority will go to those organizations that hold a 501(c)(3) tax-exempt status with the IRS. Individuals and for-profit organizations are not eligible for a grant.

**Rationale:** The tax-exempt status is an important screening tool for us to ensure that we are investing our grant funds in organizations that will be good stewards of those grants. The 501(c)(3) tax-exempt status ensures that the grant recipient has a charitable mission, does not operate for the benefit of private interests, and has been vetted by the IRS through its application process.

In addition to gaining eligibility for the US Lacrosse Sportsmanship Matching Grant Program, 501(c)(3) tax-exempt status provides other benefits, such as:

- Opportunities to apply to other grant making bodies (i.e. private foundations)
- The ability to offer individual and corporate donors a tax deduction for their charitable donations to the organization
- Potential savings on postage rates
- Potential savings on state sales and other taxes (depending on specific state law)

---

### ***When can I apply to the Sportsmanship Matching Grant Program?***

Applications are available in August. US Lacrosse will grade and award grants in October. You do not have to complete the application in one sitting. Applicants may begin completing the PDF form, save their progress, and come back at a later time to finish their applications. **The deadline to submit your completed Sportsmanship Matching Grant application is Thursday, October 15, 2015.**

---

### ***How do I apply?***

First, you need to fill out the Online Interest Form for the Sportsmanship Matching Grant Program. As soon as you fill out the Online Interest Form, a US Lacrosse staff member will email you the application, directions, timeline, and any other pertinent information related to the Sportsmanship Matching Grant Program.

Here is the link to access the Online Interest Form:

[HTTP://WWW.USLACROSSE.ORG/RESOURCES/PROGRAMS-GRANTS/ONLINE-INTEREST-APPLICATION.ASPX](http://www.uslacrosse.org/resources/programs-grants/online-interest-application.aspx)



**How long does the application take to complete?**

The application typically takes 1 to 2 hours to complete. We recommend that you have all participation and financial information on hand while completing the application.

**Do I need to submit a recommendation letter with my application?**

No, you are not required to submit a recommendation letter with your application. We prefer that you do not submit any additional documents with your application.

**What PCA workshops are offered through the Sportsmanship Matching Grant Program?**

US Lacrosse offers live leadership, parent and student-athlete PCA workshops through this grant. We no longer provide PCA coach workshops (live and online) through the Sportsmanship Matching Grant Program. If you are interested in educating your coaches, please contact the US Lacrosse Coaching Education Department at [cep@uslacrosse.org](mailto:cep@uslacrosse.org).

Participants	PCA Workshop	Benefits	Sportsmanship Grant	Workbooks
Leadership	“Leading Your Organization”: Developing a Positive Coaching Culture (2 hours)	Leaders (board members, administration, etc.) learn how to establish and sustain a Positive Coaching culture so that every leader, coach, parent, and player understands what it means to “Honor the Game.”	1 Live Leadership Workshop	US Lacrosse pays for up to 50 Leadership workbooks through the Sportsmanship Grant. Any additional workbooks will be at the expense of the organization.
Parents of Youth or High School Aged Athletes	“The Second-Goal Parent®: Developing Winners in Life Through Sports” (90-120 minutes)  “The Second-Goal Parent: Tips and Tools to Develop Winners in Life Through Sports” (30 minutes)	Parents learn how to help their kids get the most out of the lacrosse experience and to focus on his or her role as a Second-Goal Parent® in maintaining the Positive Culture.	1 Live Parent Workshop + 20 free online seats to help certify individuals that could not make the in-person clinic.  *Note: Your local PCA rep will work with you to determine which Parent workshop your organization should host.	US Lacrosse pays for up to 75 Parent workbooks through the Sportsmanship Grant. Any additional workbooks will be at the expense of the organization.
High School or Middle School-Aged Student-Athletes	“Becoming a Triple-Impact Competitor®” (75 minutes)	Athletes will have more fun, increase their capacity to develop and learn, and will be more likely to return to play lacrosse the next year.	1 Live Student-Athlete Workshop + 20 free online seats to help certify individuals that could not make the in-person clinic.	US Lacrosse pays for up to 100 Student-Athlete workbooks through the Sportsmanship Grant. Any additional workbooks will be at the expense of the organization.



---

### **How much will this cost my organization if awarded a Sportsmanship Matching Grant?**

We recommend that organizations budget at least \$600 to \$1,500 toward this initiative (pending number of workshops awarded). Non-underwritten cost to grant recipient will NOT exceed \$1,500. Depending on location and number of attendees, US Lacrosse and PCA reserve the right to choose how many workshops are awarded to particular areas.

Average costs based on number of workshops awarded:

- 1 Workshop: \$600-\$700
- 2 Workshops: \$950-\$1,075
- 3 Workshops: \$1,200-\$1,337.50
- Plus any workbook fee if you go over the amount paid for by USL

---

### ***Who do I contact with questions?***

You can call Kyle Carnaggio, Programs Manager, at (410)235-6882 ext. 150, or email [sportdevelopment@uslacrosse.org](mailto:sportdevelopment@uslacrosse.org) with any questions or concerns about the Sportsmanship Matching Grant and application process.

For more information about PCA, please visit the PCA web site, [www.PositiveCoach.org](http://www.PositiveCoach.org), or email Rich Pruszynski, Positive Coaching Alliance Senior Manager of Partner Support at [richard\\_pruszynski@positivecoach.org](mailto:richard_pruszynski@positivecoach.org).