



USL/NFHS Rules 2018





US Lacrosse Rules Committee

Aubrey Whittier - Chair

Elaine Stowell – Rules Interpreter

Mac Ford - Coach

Jeff Grose - Official

Barb Martinichio – Official

Lauren McCarty – Official

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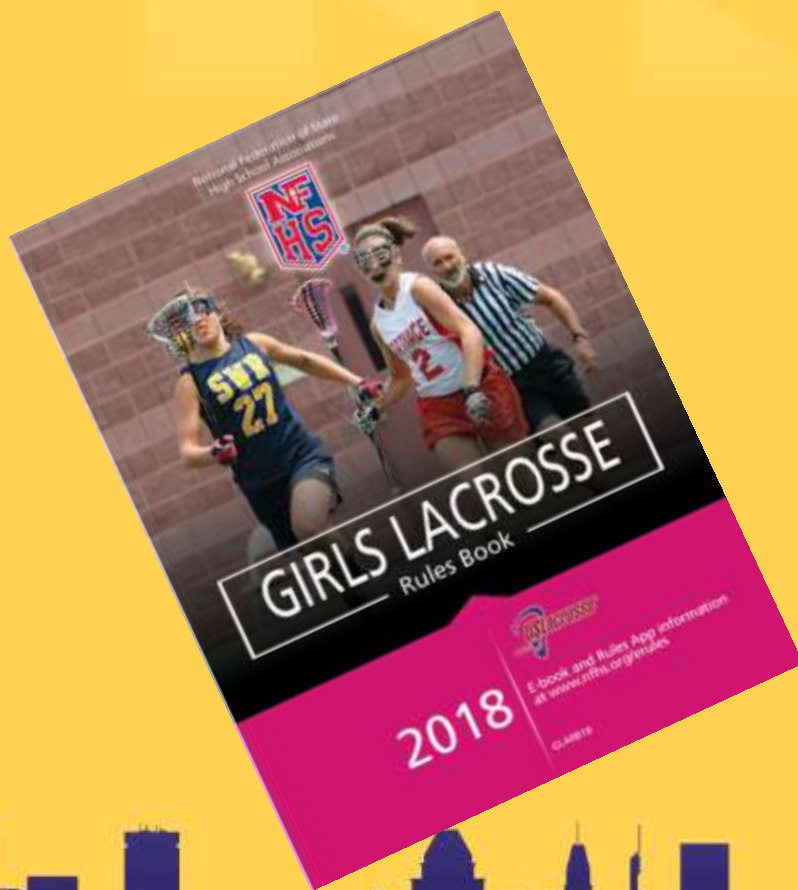
Rules Interpretation

Email: girlsrules@uslacrosse.org

- Indicate “playing level” for question
- Cite rulebook pages, if applicable



NFHS Rules Book



2018 Girls Lacrosse Rules Book available from:

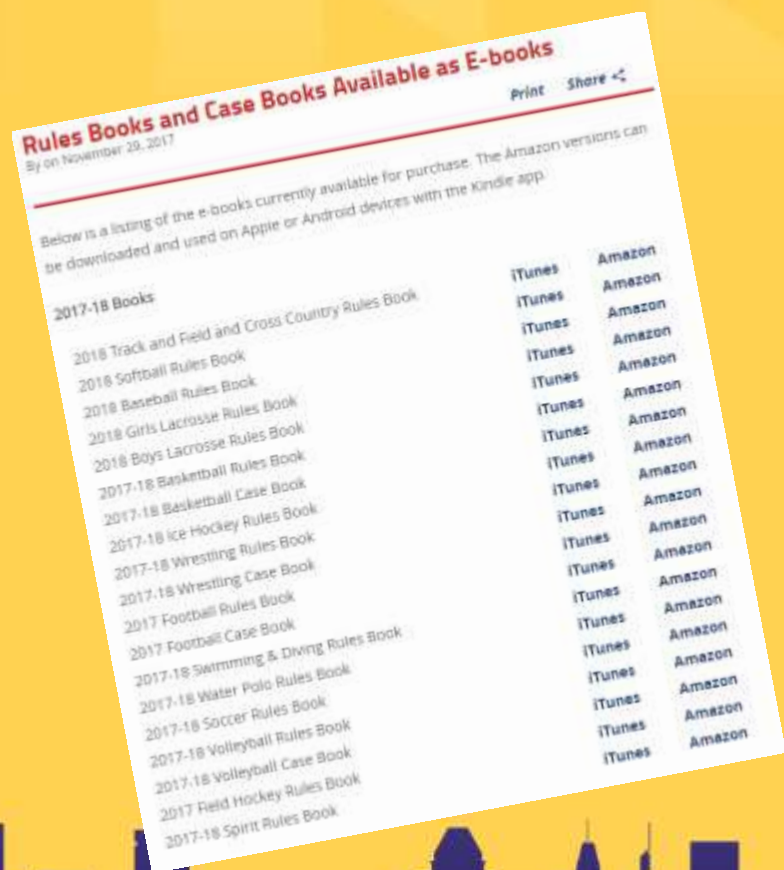
www.nfhs.com

www.ohsaa.org

www.uslacrosse.org



NFHS Rules E-Books

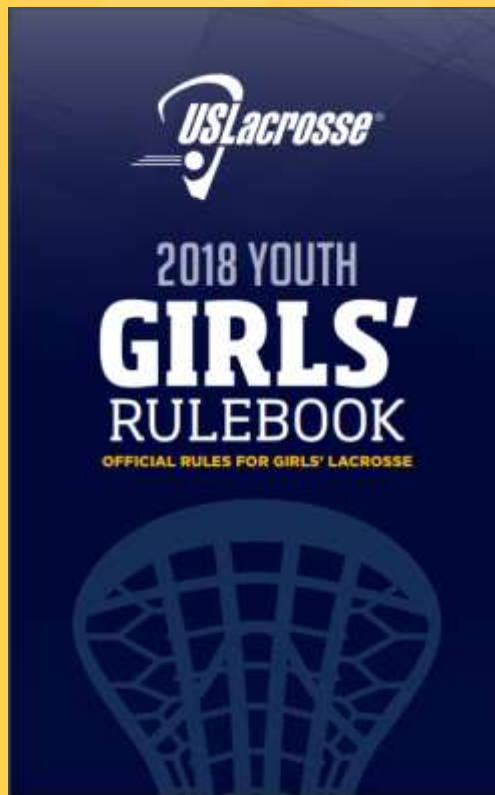


▶ E-Books are available for purchase at:
www.nfhs.org/ebooks/

\$5.99 Apple or Android



Youth Rulebook



- ▶ *Included in USL membership if registered as Youth.
- ▶ *PDF online:
<http://www.uslacrosse.org/rules/girls-rules>



HS Rules Video and Officials Manual

▶ Downloadable

- US Lacrosse – <https://www.uslacrosse.org/rules/girls-rules>
- US Lacrosse – “Rules and Officials Resources”





Rulebook Edits

Comprehensive list of rules book edits will be posted to US Lacrosse website

- Section references on Rules Change page
- Page numbers in Index
- Updates to shaded area, notes, etc



Rule 1-1 Unified Field

Recommend informing visiting teams and officials if the unified field is used.

Lining instructions for unified field is posted on USL.org



Rulebook Edit Rule 3-5-1 Page 25

Section 5 OFFICIALS

“The game ~~should~~ **shall** be officiated by two officials who are ~~rated by US Lacrosse for~~ **certified for** the girls game.”



Rule 5-2-5 Player Positioning

“Players may reach over the restraining line or center circle line and touch the ground with their stick to play the ball, as long as no part of the player’s foot is on or over the line.”

Clarification: If any part of the player’s body is on or over the restraining line whether her stick is touching the ground or not, she is in violation of player positioning.



Rulebook 5-2 PEN 3 Page 37
Rulebook 9-1 PEN for 9-1-1-d Page 50

Penalty Administration for player positioning violations

- Violations prior to whistle = restart at center line
- All other violations = restart at spot of the ball





Rulebook Edit Appendix B Page 82

Missing header, “POCKETS”, between Section 19
and 20





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