### 2021 and 2022 Major Rules Changes for Men’s Lacrosse

The following rules changes were approved by the NCAA Men’s Lacrosse Rules Committee and Playing Rules Oversight Panel. These changes will be incorporated into the rules book for the 2021 and 2022 seasons.

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| 4-3 Faceoff Procedure | To prohibit the use of the motorcycle grip during the faceoff.  
**Rationale:** To address the clamping and the resulting long stalemates (thereby enhancing the pace of play), to provide more opportunities for the use of different techniques on the faceoff and to produce more 50/50 ground balls. This change to reduce the power clamp coupled with enforcing the crosse rules, will in turn, reduce the manipulation of the crosse before, during and after the faceoff. |
| 4-3.b.2 Faceoff Procedure | To require that during the start of the faceoff, the players taking the faceoff may only have their feet, gloves and lacrosse stick on the ground.  
**Rationale:** To give players more options and counter moves, while creating a quicker ground ball, resulting in more 50/50 ground ball opportunities. In addition, to reduce the initial body contact between faceoff players, when the whistle is blown to start play. |
| 4-4 Faceoff Violating Player | To establish that on the third faceoff violation of the half, the player who has committed the third violation must serve the penalty.  
**Rationale:** To eliminate the use of the in-home (player designated to serve penalties) to serve a penalty and instead require the individual who committed the violation to serve the violation. |
| 4-15.c Defensive Timeout | To permit the defensive team to also call a timeout during dead ball situations without having the shot clock reset to 80 seconds.  
**Rationale:** This change would permit either team to call a timeout during dead ball situations and not have the shot clock reset. This simplifies the reset during any dead ball timeout. This change applies only to a dead ball, not a loose ball push. |
| 4-21.d Goal-Crease Prohibitions | If an offensive player, in possession of the ball and outside the crease area, dives, jumps, runs or makes contact with the goal mouth, the goal shall be disallowed. In addition, should the offensive player initiate contact with the goalkeeper while the goalkeeper is within the goal mouth, the offensive player shall be penalized with a minimum of a 1-minute foul. The penalty may be releasable or nonreleasable at the discretion of the referee. Defensive contact legal or illegal may have no effect on this play as the offensive player may not enter the goal mouth in any way. **Rationale:** To clarify and reinforce that the goal mouth is a restricted area for offensive players. This further reinforces the goal crease prohibitions for the goalkeeper. |