



WOMEN'S GAME STICK SPECIFICATIONS 2018 SEASON

CLARIFICATIONS AND GUIDANCE

The following information clarifies requirements and provides guidance for Appendix B of the 2018 NFHS Girls Lacrosse Rules Book.

These are not rulebook edits but clarification for the specific sections of the Appendix and Rule 2 compliance to the specifications.

SECTION 20:

The stipulation for 0.3 cm maximum nominal diameter for pocket nylon is a manufacturer's specification. **Officials shall not measure this for compliance as part of their routine stick checks.**

Technical criteria assume a **defined gap** is present between pocket nylon mesh. **A solid surface of nylon would be non-compliant.** See photo 1

SECTION 21:

The allowance of coils for the shooting strings remains the same for a traditional pocket, no more than two coils or twists between thongs. **In a mesh pocket, the allowance is one coil per diamond of mesh.**

SECTION 22:

The shooting string requirements remain unchanged. **If a stick has only one shooting string, the attachment must be within 3.5 inches from the top of the head.** See photo 2

SECTION 25:

The ball shall move freely when the stick and head are **tilted 90 degrees.** The ball should fall out of the stick at 90 degrees both front and back. The ball movement test shall be performed in the same manner as the USL Stick Check Video here, <https://www.uslacrosse.org/rules/girls-rules>



Photo 1



Photo 2

