



RETURN TO PLAY

US LACROSSE RETURN TO PLAY RECOMMENDED GAME MODIFICATIONS FOR WOMENS' GAME

JUNE 15, 2020

These suggestions are intended to serve as COVID-19 mitigation-based modifications for play as part of the US Lacrosse Return to Play Recommendations <https://www.uslacrosse.org/return-to-play> and aim to assist the lacrosse community in limiting closeness and contact on the field within a lacrosse game or practice, that can contribute to minimize transmission-risk. **These modifications ARE NOT rule changes or mandates from US Lacrosse.**

Women's Game Interim Modifications

I. Pre-Game Meeting

- Limit attendees to one coach from each team and lead official.
- Ensure the pre-game meeting is away from sideline and all individuals maintain a social distance of 3 to 6 feet.
- Suspend the use of the coin toss to determine Alternate Possession/field end. The visiting team will have the first AP and the home team gets the choice of goals to defend.

II. The Draw

- Alternate possession at the center with draw positioning after goals.

III. Ground Balls

- No more than two (2) players contest a ground ball (a current 10 and under rule).

IV. 8 Meter Positioning

- Only one player per hash on 8-meter setup, existing rule that allows the defense to adjacent hashes remains in force.

V. Substitution and Sideline Protocol

- Ensure that substitution areas and table personnel are maintaining social distancing, if necessary, shift sub boxes to maintain space.

VI. Equipment and protective clothing

- Players and officials may wear cloth face masks and gloves if desired.

